# LAST OF ISRAELI TROOPS LEAVE GAZA, PG 10

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**Style** Pg 24

Iman dishes on many topics

## New debt could climb to $100B

**REPORT** The federal government is poised to rack up a string of deficits that could result in more than $100 billion in new debt over the next four years as it grapples with falling tax revenue and tries to revive the flagging economy, a private-sector economic forecasting firm said yesterday.

The report from IHS-Global Insight says the stimulus package Finance Minister Jim Flaherty is expected to deliver in Tuesday's budget — likely in the form of infrastructure projects, employment insurance changes and tax cuts — will account for about $50 billion of that increase by 2013-14, while the weakening economy will add about $65 billion.

TORSTAR NEWS SERVICE

**Sports** pg 13

## Leafs limp into break

**Homes** pg 16

Trays are must-haves

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# Promises, promises

## Finance minister reveals strategy for next week's federal budget

**Canadians are unlikely to see permanent, across-the-board reductions in their tax burden in Tuesday's budget because doing so could condemn Ottawa to perpetual budgetary deficits, Finance Minister Jim Flaherty confirmed yesterday.**

The government is determined to reverse its negative fiscal situation as soon as possible and will lay out deficit escape tactics in the budget, Flaherty said.

"We will not create a permanent, long-term deficit for Canada," he said. "In our economic plan, we will show how we will exit from deficit as the economy exits from recession."

Instead of broad-based tax cuts, the Conservatives' budget will contain short-term breaks and incentives such as tax credits for home renovations or tax savings for companies that invest in advanced or green technologies, sources have said.

**"We will not create a permanent, long-term deficit for Canada. In our economic plan, we will show how we will exit from deficit as the economy exits from recession."**
Finance Minister Jim Flaherty

Flaherty also reiterated the Harper government's commitment to use the budget to pump up the ailing economy through increased federal cash outlays — a strategy that could drive this year's budget deficit as high as $40 billion.

With the economy suffering the worst conditions in decades, the Conservatives are promising a wide-ranging package of measures to stimulate growth and help workers and companies being hurt by the downturn.

TORSTAR NEWS SERVICE

# No slacking for Obama on Day 1 as U.S. president

Goodbye Guantanamo Bay, goodbye torture. Hello to strict new rules designed to undermine lobbyists and hold the U.S. government to the highest standard of openness and transparency.

The moves came on a decisive Day 1 that saw Obama deliver on his promise of a sharp break with the Bush era with a flurry of activity, including:

- The signing of five executive orders spelling out sweeping new rules on lobbying, government ethics and transparency. The orders include a ban on anyone in his administration leaving to become a government lobbyist during his presidency. In what Obama described as "the rules of the road for my administration," the orders include a reinterpretation of the Freedom of Information Act based on presumption: "In the face of doubt, openness prevails."
- Closed-door meetings between Obama and his top economic and military advisers, with a massive new stimulus package and the mechanics and timing of an eventual drawdown of U.S. troops in Iraq topping the agenda.

In a welcoming address to several dozen senior White House staffers, Obama called the directives on lobbying, ethics and transparency "a clean break with business as usual."

Obama's day began with the traditional National Prayer Service at Washington Cathedral, administered for the first time by a woman, Rev. Sharon Watkins.

TORSTAR NEWS SERVICE

ALEX WONG/GETTY IMAGES

U.S. Vice-President Joe Biden helps take a signed executive order away from President Barack Obama yesterday at the White House. More coverage, page 8.

### Do-over

- After the flub heard around the world, U.S. President Barack Obama has taken the oath of office ... again. Chief Justice John Roberts delivered the oath to Obama last night at the White House — a rare do-over. The surprise moment came in response to Tuesday's much-noticed stumble, when Roberts got the words of the oath a little off, which prompted Obama to do so, too.

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**Elderly Brampton couple victims of home invasion**
Police are looking for information after an elderly Brampton couple was robbed during a home invasion Tuesday. The suspect is described as a male in his late teens to early 20s, approximately five-foot-two, weighing 120 pounds with a slim build. TORSTAR NEWS SERVICE

# Local

## United can't find a Way

**The worst financial crisis since the Depression is being blamed for United Way of Toronto's 2008 fundraising campaign falling $2.5 million short of its goal. This is the first time in 18 years the charity failed to meet its goal, set at $110 million. To help make up the shortfall, the United Way said $2 million to $3 million will be cut from this year's operating budget. The shortfall was mainly attributed to a lack of individual donations.**
TORSTAR NEWS SERVICE

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## Tomorrow's Metro

### Comments

Wendy Mesley from CBC's Marketplace helps consumers with their concerns on Comments & Views.

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What's online today.

**Video**
Families of 9/11 victims outraged after trials of Gitmo detainees halted at
metronews.ca/world

## Lotteries

**Lotto 6/49:** 28, 32, 34, 39, 43 & 48. Bonus 25; **Ontario Pick 3:** 7 9 9; **Ontario Pick 4** : 0 0 2 4 **Encore:** 32493100; **Ont. 49:** 3, 23, 30, 35, 38 & 46. Bonus 45 **Daily Keno:** 2, 3, 5, 8, 9, 15, 18, 19, 22, 23, 25, 26, 38, 43, 46, 49, 54, 59, 63, 67.

# TTC moving ahead with extension

**The TTC has dotted the i's on its agreement to build and operate a 6.8-kilometre extension of the Yonge subway to Richmond Hill, sending it on to city council for approval next week.**

After that, the plan moves to the Ministry of the Environment.

The city's executive committee has already placed conditions on the TTC's participation in the $2.4-billion project, which York Region has strongly promoted. Before it's built, Toronto wants its Transit City light rail lines funded, more platform capacity built at the Bloor-Yonge station, and a new signalling system in place to improve train frequency and ease congestion.

Nevertheless, the TTC's vice-chair objected to the subway plan at yesterday's commission meeting. "If you had $2.4 billion, is this the best way to spend public money at this point in our history?" asked Coun. Joe Mihevc.

> **"Is this the best way to spend public money at this point in our history?"** Coun. Joe Mihevc

"We need to be more complex in our thinking. That's why we're heading down the road to light rail transit." TORSTAR NEWS SERVICE

## News in brief

**HYDRO** Mississauga Coun. Carolyn Parrish has failed in her bid to get confidential documents released that she says will shed light on how a minority shareholder gained the power to veto major decisions involving Enersource, the city's hydro utility.

**DEATH** An 80-year-old woman whose clothes caught fire while she was cooking in her apartment has died in hospital. Emergency officials were called to a fire at 310 Niska Rd., near Jane Street and Finch Avenue West, Monday night.
TORSTAR NEWS SERVICE

## Church **Icy situation**

PAWEL DWULIT/TORSTAR NEWS SERVICE

A woman walks past St. Michael and All Angels Church on St. Clair Avenue near Wychwood Avenue as large icicles loom over of the northern entrance.

# Metrolinx to hold public open houses

**TRANSPORT** Metrolinx has released a new plan to build a privately operated rail link from Union Station to Pearson airport that should address the concerns of Weston community residents who have long argued the project would be a disaster to their neighbourhood, says Premier Dalton McGuinty. The transportation agency announced six open houses next month to present the $875-million plan that it says would provide all-day, two-way service on the GO Georgetown line and offer the capacity to run a train service to the airport.
TORSTAR NEWS SERVICE

### Union

- It would add about 25 kilometres of new rail between Malton and Union Station.

## Man sentenced in brutal rape case

**CRIME** Roderick MacDonald was sentenced yesterday to 21 months incarceration, in addition to time served, as well as three years of supervised probation for an assault that left a young woman with four cracked teeth in an attempted rape. TORSTAR NEWS SERVICE

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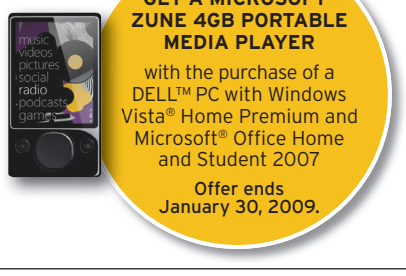

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**Brampton boy charged with sex assault**
Peel police have charged a 14-year-old Brampton boy with a sexual assault on a 15-year-old girl that happened last week. TORSTAR NEWS SERVICE

STEVE RUSSELL/TORSTAR NEWS SERVICE

A student climbs stairs that circle the justice statue yesterday in the normally busy student centre a day after York teaching assistants voted down the latest offer from the university.

# Province appoints York U mediator

**Premier Dalton McGuinty is resisting pressure to recall the legislature to end the 11-week-old York University strike because the government believes such a move would be challenged in court.**

With the provincial Liberals being battered in the court of public opinion, McGuinty yesterday appointed Reg Pearson, Ontario's chief mediator, to "to bang a few heads together" and resolve the dispute.

But if Pearson fails to get both sides back to the bargaining table, the job action risks dragging on indefinitely because the government has few realistic weapons in its arsenal.

While the Ontario government intervened in college strikes in 1984 and 1989, it has not done so for a university labour dispute. Senior government officials confide that even though McGuinty ended last April's Toronto Transit Commission walkout in less than two days by convening a rare Sunday session of the legislature to table back-to-work legislation, that's unlikely in the case of York.

That's because of a precedent-setting 2007 Supreme Court of Canada ruling in a dispute between the province of British Columbia and unionized health services support workers that limits government's ability to impose back-to-work legislation.

"We'll give this one more shot," a visibly concerned McGuinty told reporters. "We think it's the fastest way to bring this home, which is to send in a mediator to bang a few heads together and ideally lead to a speedy resolution," he said, pointedly refusing to set a deadline for the non-binding mediation.

His comments came the morning after 63 per cent of the Canadian Union of Public Employees 3903 rejected the university's latest contract offer of 9.25 per cent wage hikes over three years, improved benefits, and job security in a forced vote Tuesday.

TORSTAR NEWS SERVICE

## Past magic

- McGuinty's government has been criticized for inaction on the strike by 3,340 teaching assistants, contract faculty and graduate assistants that began Nov. 6. But Pearson is known for his work on TTC strikes in 1999, 2005, and 2008, and the Liberals hope he can replicate his past magic.

## Fatal shooting caught on tape by surveillance camera

**CRIME** A man who narrowly avoided being struck by a bullet that fatally wounded his friend earlier this week is co-operating with authorities, but hasn't illuminated a motive for the killing or led police to a suspect.

The witness contacted investigators after 23-year-old Basil Bryan of Toronto was shot to death Tuesday.

The two were walking south along Keele Street, outside an auto body shop near Eglinton Avenue West, when shots rang out around 10:30 p.m.

Zeb Xavier, owner of Zeb Automotive, was shaken yesterday after arriving at work to find police near his store.

He discovered moments later his surveillance camera had caught the shooting on tape.

"It's pretty graphic," Xavier said. "It's crazy."

While it's difficult to discern from the video footage how many times the gun was fired, residents reported hearing up to five shots.

TORSTAR NEWS SERVICE

## News in brief

**CONTROVERSY** To celebrate the inauguration of the first black American president, Humber College treated its students to two different feasts at two of its GTA campuses. But when told of the events, a spokesperson for the National Association for the Advancement of Colored People said it was "distasteful" the college served Obama Fried Chicken at its Oakville campus. NAACP national spokesperson Richard J. McIntire thinks the college should have done more research, pointing out that tying fried chicken to Obama perpetuates negative connotations associated with black people.

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2501 Yonge St. (at Castlefield)
363 Front St. W (City Place)
455 Danforth Ave.
155 - 720 King St. W
5015 Yonge St.
38 - 1500 Royal York Rd.
8 - 1750 The Queensway

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10 - 80 Pertosa Dr.

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Erin Mills Town Centre
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Square One
Winston Churchill & 401
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G16 - 3024 Hurontario St.
1A - 1370 Dundas St. E
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2 - 4920 Tomken Rd.
101 - 6200 Dixie Rd.

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18 - 2501 Third Line
D3 - 2335 Trafalgar Rd.
760 Pacific Rd.

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**Markham**
Georgian Mall
Markville Shopping Centre
Pacific Mall
Upper Canada Mall

**Richmond Hill**
Hillcrest Shopping Centre
4 - 11005 Yonge St.
9301 Bathurst St.

**Thornhill**
Promenade Mall
7171 Yonge St.
8117 Yonge St.

**Vaughan**
Vaughan Mills Outlet Mall
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**EU mulls ban on seal products**

Canada and Greenland faced off against animal rights groups yesterday over accusations their annual seal hunts are cruel and inhumane as European Union legislators mulled proposed rules that could ban their seal products in Europe. A vote on such legislation could come as early as April. **THE ASSOCIATED PRESS**

# Canada

## Student debt hits $13B: Group

**An advocacy group says students now owe the federal government a record $13 billion in loans and is calling for more money for post-secondary education. The Canadian Federation of Students said this total doesn't include loans owed to provincial governments or personal and credit-card debt. The federation said almost 350,000 students took loans this year.**

**THE CANADIAN PRESS**

# It all rests on budget

## Ignatieff doesn't want to force vote, but it remains a choice

**Liberal Leader Michael Ignatieff says Canadians need another election like a "hole in the head," but his party is still prepared to defeat next week's federal budget and potentially shuffle voters back to the polls.**

He warned yesterday that the Conservative budget must protect the poor, stabilize the country's flagging employment situation and create jobs for the future to earn Liberal support.

**"We need an election in February like a hole in the head."**
Liberal Leader Michael Ignatieff

Ignatieff, who met with business and labour leaders in Montreal, also said Prime Minister Stephen Harper must refrain from attacking labour laws.

"We need an election in February like a hole in the head," he told a news conference. "It's not the preferred choice of Canadians."

If opposition parties vote down Tuesday's budget, the coalition deal struck last month between the Liberals and New Democrats — propped up by the Bloc Québécois — remains a better option for the Governor General, Ignatieff said.

"A coalition if necessary, but not necessarily a coalition, meaning that I need to look at this budget carefully," said the Liberal leader, whose party could decide the fate of Harper's minority government.

"I think the Canadian public demands that I give him one last chance to win back the confidence of the Commons."

**THE CANADIAN PRESS**

COLIN MCCONNELL/TORSTAR NEWS SERVICE

**Health Promotion Minister Margarett Best plays with Ethan Szyik, three, and Elle Schott, three, in toy cars to drive her message across about the new law that prohibits smoking in cars with children under 16.**

## No plans to prohibit home smoking: Best

Despite her concerns people are smoking in cars with children present, Health Promotion Minister Margarett Best said there are no plans to ban smoking in homes with children in them.

Ontario's new law that bans people from smoking while in cars with children under 16 took effect yesterday.

"We want to strike a balance between people's health and liberties," she told a news conference at a Queen's Park daycare centre.

"While it is aimed at cars only, it will raise the awareness among parents about the dangers associated with cigarette smoking."

The Ontario Medical Association said that even with windows open and ventilation fans on, smoking makes air in the small cabin of a car at least 13 times dirtier than the air outside. As well, smoking concentrations in a car can be 20 times worse than in a smoky bar in the days before that was outlawed. **TORSTAR NEWS SERVICE**

### Toxins

- Studies suggest cigarette smoking in cars can expose children to concentrations of toxins that are 27 times stronger than in the home, said Best.

## News in brief

**SPRINKLERS** The provincial government was warned two years ago that Ontario retirement homes need rigorous regulations for fire safety but no swift action was taken. This week's fire in an Orillia retirement home, which lacked water sprinklers, killed two elderly residents, leaving seniors' advocates wondering why the government did not act quickly on its 2007 election promise to create safety standards for the fast-growing — and largely unregulated — sector. Unlike nursing homes, retirement homes do not receive provincial funding, nor are they subject to standardized provincial regulations.

**ETHICS** The Federal Court of Appeal has refused to examine a claim that Prime Minister Stephen Harper violated federal ethics law in setting up a public inquiry into the Mulroney-Schreiber affair. The lobby group Democracy Watch had contended Harper and his cabinet were in a conflict of interest in choosing a judge and establishing the terms of reference for the probe.

**METRO NEWS SERVICES**

**New Brunswick minimum wage rising to $8.25 this year**
The minimum wage in New Brunswick will increase by 50 cents per hour this year. Labour Minister Donald Arseneault says there will be 25-cent increases on April 15 and Sept. 1, setting the minimum wage at $8.25 per hour. THE CANADIAN PRESS

# Khadr may be 'reassessed'

**The Harper government has given its first signal that it is prepared to abandon its longstanding opposition to allowing Omar Khadr to return to Canada in the wake of U.S. President Barack Obama's order to close Guantanamo Bay in the next year.**

The crack in Ottawa's resolve came from Defence Minister Peter MacKay, who said the Conservatives would "reassess" Toronto-born Khadr's case as a result of Obama's move.

Prime Minister Stephen Harper's office quickly moved to blunt MacKay's statement.

"We are watching with interest developments in the United States, but Mr. Khadr has been charged with serious crimes and the guilt or innocence of those crimes should be determined through a judicial process, not a political one," said Kory Teneycke, Harper's director of communications.

Harper has never faced more pressure to repatriate Khadr, particularly with Obama's visit to Ottawa looming.

**"The guilt or innocence of (Khadr)'s crimes should be determined through a judicial process, not a political one."** Kory Teneycke

The conflicting signals could also be a sign of indecision about what to do with Khadr should Obama formally ask Harper to take him back.

"There is now no excuse, no reason whatsoever for the prime minister to do what really in our view has always been the right thing and intervene and get Omar Khadr, this Canadian citizen, back to Canada for the help and support that he needs," Navy Lt.-Cmdr. Bill Kuebler, Khadr's Pentagon-appointed lawyer said yesterday. TORSTAR NEWS SERVICES

# Province needs green power plan: Tabuns

**NDP** In order to make Ontario less reliant on outside energy sources and to bring back manufacturing jobs, the province must invest in a green energy economy, says New Democratic Party leadership candidate Peter Tabuns.

Tabuns, a Toronto-based candidate and former executive director of Greenpeace Canada, said yesterday his green plan makes him the most qualified to lead the provincial NDP to power in the 2011 election.

But the party has to work at bringing down the debt it acquired fighting the last provincial election, he said. Tabuns estimated the debt is between $1 million to $4 million.

Current leader Howard Hampton steps down in March but will remain a sitting MPP in the legislature.

Ontario spends $100 million per day on energy, yet we import 90 per cent of the energy needed, according to a Tabuns campaign flyer. Tabuns said he plans to divert the revenue stream that leaves the province to buy energy back to Ontario to develop green power.

TORSTAR NEWS SERVICE

DAVID COOPER/TORSTAR NEWS SERVICES

Peter Tabuns, the frontrunner in the provincial NDP leadership race, visits the editorial board of the Toronto Star yesterday.

# Coalition would not deport U.S. war resisters, MPs say

**WAR** Liberal and New Democrat MPs pledged yesterday that U.S. war resisters would not be deported under a coalition government.

Five Americans could face deportation by the end of the month unless there's a last-minute court reprieve or an unexpected federal policy change.

Liberal Mario Silva and New Democrat Olivia Chow said their parties would protect war resisters if Stephen Harper's government were to fall after next week's budget.

Silva invoked the words of former prime minister Pierre Trudeau, who said "Canada should be a refuge from militarism."

THE CANADIAN PRESS

# B.C. religious leaders appear in court on polygamy charges

**TRIAL** Lawyers involved in the case of two men accused of practising polygamy may be looking for a change of venue if the case goes to trial.

Winston Blackmore and James Oler, religious community leaders in Bountiful, B.C., attended the brief hearing. The case was then put off until Feb. 18.

A spokeswoman for the B.C. government says there was discussion about changing the location of a trial, which would be heard in the town of Creston, about 700 kilometres southeast of Vancouver.

Blackmore is accused of having up to 20 wives and Oler two wives.

THE CANADIAN PRESS

## News in brief

**LISTERIOSIS** Critics say the woman appointed by Stephen Harper to lead a probe into the deadly listeriosis outbreak is in a conflict of interest. Sheila Weatherill is already on a committee advising Harper on how to improve the public service. Part of its mandate is "branding the public service as a trusted and innovative institution of national importance." Critics are asking how Weatherill can do that job while credibly leading a probe into whether food-safety agencies broke the public's trust.

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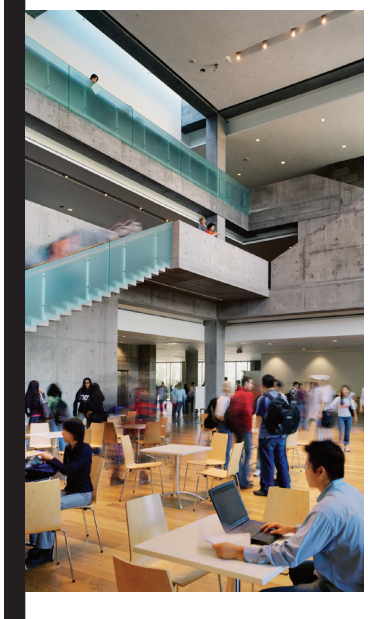

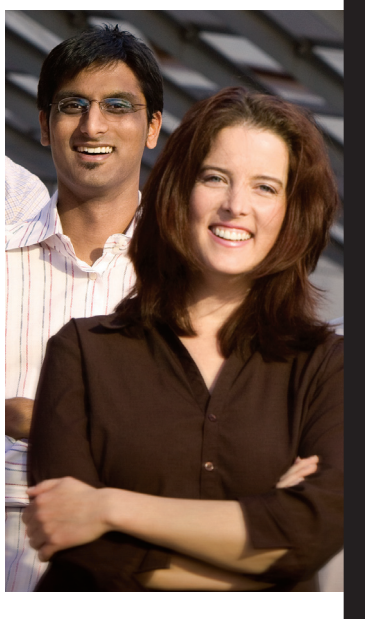

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**British pound knocked to nearly 25-year low versus U.S. dollar**

The British pound fell to a nearly 25-year low against the U.S. dollar yesterday amid mounting fears about the British banking sector. In European trading the pound fell to $1.3622, its lowest since September 1985, before recovering slightly to $1.3742. THE ASSOCIATED PRESS

# World

## Divers find missing engine

**Divers have found the engine that broke off a US Airways jetliner when it crash landed in the Hudson River last week after sonar equipment detected an object in about 20 metres of water off Manhattan. All 155 people on board Flight 1549 survived the crash landing last week after the Airbus A320 hit birds, losing thrust in both engines.** THE ASSOCIATED PRESS

# Americans more optimistic

## Poll finds 67% felt proud of their country, including 47% Republicans

**Americans by a 3-1 margin feel more optimistic about the future of their country now that Barack Obama has been inaugurated president, an Associated Press-Knowledge Networks poll released yesterday indicates.**

The poll found that 53 per cent of those surveyed said they felt more optimistic, while just 15 per cent said Obama's ascendancy to the White House made them feel more pessimistic.

**Online**

- The poll was conducted over the Internet by Knowledge Networks. Those who had no Internet access were given it for free.

With Obama stepping into history as the country's first black president, 67 per cent of those polled said they felt proud, including 47 per cent of Republicans.

Americans came together in large numbers to witness Obama's inauguration. Seventy-nine per cent of those surveyed said they saw or heard at least part of his inaugural address, and of those, 51 per cent deemed it "excellent."

By comparison, only 46 per cent said they saw or heard part of former president George W. Bush's second inaugural address.

Obama's speech — a sombre call for a sharp break from Bush administration policies and a "new era of responsibility" — also generated optimism, the poll found. Sixty-eight per cent of those surveyed said the speech made them feel more optimistic about the U.S. image in the world, while 61 per cent said they felt more optimistic about race relations.

While Obama made his opposition to the Iraq war a central theme of his presidential campaign, just 46 per cent of those polled said his speech made them feel more optimistic about the conflict.

The poll was conducted Tuesday and involved online interviews with 835 adults. THE ASSOCIATED PRESS

CHARLES DHARAPAK/THE ASSOCIATED PRESS

U.S. President Barack Obama and his wife, Michelle, greet members of the public in the Blue Room at the White House during an open house yesterday. At right is White House Social Secretary Desiree Rogers.

## Antarctica warming, study finds

**RESEARCH** Antarctica, the only place that had oddly seemed immune from climate change, is warming after all, according to a study.

For years, Antarctica was an enigma. Temperatures on much of the continent at the bottom of the world were staying the same or slightly cooling, previous research indicated.

The new study went back further than earlier work and filled in a massive gap in data with satellite information to find that Antarctica too is getting warmer.

The findings are published in today's issue of the journal Nature.

The research found that since 1957, the annual temperature for the entire continent of Antarctica has warmed by about 0.5 C, but still is –45 C. West Antarctica, which is about 11 degrees warmer than the east, has warmed nearly twice as fast. THE ASSOCIATED PRESS

## Gates donates $255M for polio

**PLEDGES** Microsoft founder Bill Gates is donating another $255 million US to the global effort to eradicate polio. The Bill and Melinda Gates Foundation donation is part of a $635-million package of funding pledges for polio eradication that were made public today.

The effort to eradicate polio began in 1988 and was to have been completed by the year 2000. THE ASSOCIATED PRESS

## Obama calls 4 leaders in Middle East

**PLEDGE** U.S. President Barack Obama called four Middle East leaders yesterday, weighing in for the first time about the Gaza crisis by pledging to support a fragile ceasefire.

Obama called Egyptian President Hosni Mubarak, Israeli Prime Minister Ehud Olmert, Jordan's King Abdullah and Palestinian President Mahmoud Abbas.

**Cuba**

- Cuba's President Raul Castro says Barack Obama "seems like a good man" and wishes him good luck.

White House press secretary Robert Gibbs said Obama "emphasized his determination to work to help consolidate the ceasefire by establishing an effective anti-smuggling regime to prevent Hamas from rearming," and by working with Palestinian leadership. THE ASSOCIATED PRESS

## Senate confirms Hillary as secretary of state

**TEAM** The U.S. Senate confirmed Hillary Rodham Clinton as secretary of state yesterday as President Barack Obama moved to make his imprint on U.S. foreign policy, mobilizing a fresh team of veteran advisers and reaching out to world leaders.

The Senate voted 94-2, with Republican Senators David Vitter of Louisiana and Jim DeMint of South Carolina opposing.

Republicans and Democrats alike said her swift confirmation was necessary so Obama could begin tackling the major foreign policy issues.

Obama's presidential rival, Senator John McCain, was among those who spoke in Clinton's favour.

"This nation has come together in a way that it has not for some time," said the Arizona Republican, on the Senate floor for the first time since the inauguration.

Voters "want us to work together and get to work," McCain said.

Also following the vote, the Senate Foreign Relations Committee planned to endorse Susan Rice to become U.S. ambassador to the United Nations, a post Obama has elevated to the cabinet level. THE ASSOCIATED PRESS

## Obama to order closure of Guantanamo Bay prison

**HALT** U.S. President Barack Obama plans to sign an executive order today to close the Guantanamo Bay detention centre within a year and halt military trials of terror suspects held there, a senior administration official said.

At the request of the White House, Defence Secretary Robert Gates on Tuesday night ordered military trials at Guantanamo to be frozen for 120 days during an Obama administration review.

Military judges then agreed to halt the cases of five men charged in the Sept. 11, 2001, attacks, along with the case of Omar Khadr, a Canadian accused of killing an American soldier in Afghanistan.

An estimated 245 men are being held at the U.S. naval base in Cuba, and 600 others at Bagram Air Base in Afghanistan.

A copy of a draft of the executive order, obtained yesterday by the Associated Press, dealt only with the Guantanamo prison. THE ASSOCIATED PRESS

## White House salaries frozen

**MEMO** U.S. President Barack Obama announced on his first day in office that he is freezing the pay of about 100 White House employees who make more than $100,000 US a year.

The freeze was part of a presidential memorandum issued during a swearing-in for staff at the White House yesterday.

Aides making above $100,000 include the high-profile jobs of White House chief of staff, national security adviser and press secretary. THE ASSOCIATED PRESS

## Dragon **Sculpture in the sand**

LIONEL CIRONNEAU/THE ASSOCIATED PRESS

French artist Michael Klein puts the finishing touches yesterday on his sand sculpture, showing a Sea Dragon, on the beach of Cannes, southern France.

- Breast Enlargement
- Laser Liposuction
- Tummy Tuck
- Nose Surgery
- Labia Reduction
- Vaginal Tightening
- Eyelid Surgery
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**Cyclone hits Madagascar**

A powerful cyclone hit the west coast of Madagascar yesterday, destroying buildings, cutting off towns and affecting thousands. More than 9,000 people have been isolated in one district where half the land is under water. Casualty figures were not available. THE ASSOCIATED PRESS

# Gaza free of Israeli troops

## With truce in effect plan is to stop arms smuggling

**The last Israeli troops left the Gaza Strip before dawn yesterday, the military said, as Israel dispatched its foreign minister to Europe in a bid to rally international support to end arms smuggling into the Hamas-ruled territory.**

The military said troops remain massed on the Israeli side of the border and are poised to take action if Hamas violates a fragile three-day ceasefire.

The troops' exit marked the end of an Israeli offensive that ravaged Gaza and left a total of 1,284 Palestinians dead and 4,336 wounded, according to the Palestinian Center for Human Rights. The rights group, which has dispatched researchers to collect the names of the dead, said 894 of those killed were civilians.

The Israeli military says 500 Palestinian fighters were killed in the offensive. But Palestinian groups say only some 150 of the dead were armed fighters.

BERNAT ARMANGUE/THE ASSOCIATED PRESS

An Israeli soldier waits at a bus stop close to the Israel-Gaza border. The last Israeli troops left the Gaza Strip before dawn yesterday as Israel dispatched its foreign minister to Europe in a bid to rally support to end arms smuggling into the Hamas-ruled territory.

Israel launched the offensive to permanently halt Palestinian rocket fire on southern Israel and to halt the smuggling of arms into Gaza.

But by yesterday, some of the tunnels on the Egyptian border appeared to be back in business, with workers clearing blocked passageways, bulldozers carrying out other repairs, and fuel already being brought from Egypt into Gaza, according to AP Television News footage.

Israeli Foreign Minister Tzipi Livni was heading to Brussels yesterday, hoping to clinch a deal committing the European Union to contribute forces, ships and technology to anti-smuggling operations, Israeli officials said.

Last week, the U.S. signed an anti-smuggling deal with Israel calling for expanded intelligence cooperation between the two countries and other U.S. allies in the Middle East and Europe.

Gaza remained tense yesterday. Israeli navy ships fired rounds of machine-gun fire at the beaches of northern Gaza, and the military said a Gazan fishing vessel had strayed into an area declared off-limits by the Israeli navy.

The death toll in Gaza has provoked international outrage. In Israel, however, the war has strong backing because it is seen as a legitimate response to Hamas fighters who now have one-eighth of the population within rocket range.

THE ASSOCIATED PRESS

# Pilot fatigue causes many accidents: UN

**SAFETY** The UN agency that sets standards for air transport is drawing up new safety rules to take into account a silent killer: Pilot fatigue.

Over the past 15 years, nearly a dozen fatal crashes and numerous close calls have been blamed on pilot fatigue, whose effects safety experts compare with driving drunk.

Pilot fatigue was a key cause of one of the deadliest crashes in aviation history — when a Korean Air Boeing 747 heading to Guam plowed into a hillside in 1997 and killed 228 people.

Air safety organizations and pilot unions have for years been pressing for tighter regulation and enforcement of working hours and rest periods.

THE ASSOCIATED PRESS

### Impact on crashes

- Air safety organizations and pilot unions say scientific research has identified pilot fatigue as a factor in a fifth of all fatal crashes.

## News in brief

**SENATE SEAT** Caroline Kennedy is reportedly withdrawing her bid to join the U.S. Senate in the New York seat once held by her uncle, slain senator Bobby Kennedy. Citing personal reasons, Kennedy ended her bid to succeed Senator Hillary Clinton.

**KENNEDY** Sen. Edward Kennedy has been released from the hospital after suffering a seizure during an inaugural luncheon.

**BLESSED** Pope Benedict has blessed two lambs whose wool will be shorn to make shawls for newly appointed archbishops.

**SEX ASSAULT** A London cab driver accused of sexually assaulting more than a dozen female passengers plied them with drug-laced drinks to make sure they couldn't defend themselves, a prosecutor alleged yesterday.

THE ASSOCIATED PRESS

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# Comment & Views

## Comment

# A third force in Canuck politics

Home&Abroad

**Andrew Cohen**

Canada & world insight

It is heartening to learn that Barack Obama plans to make his first foreign trip as U.S. president to Canada.

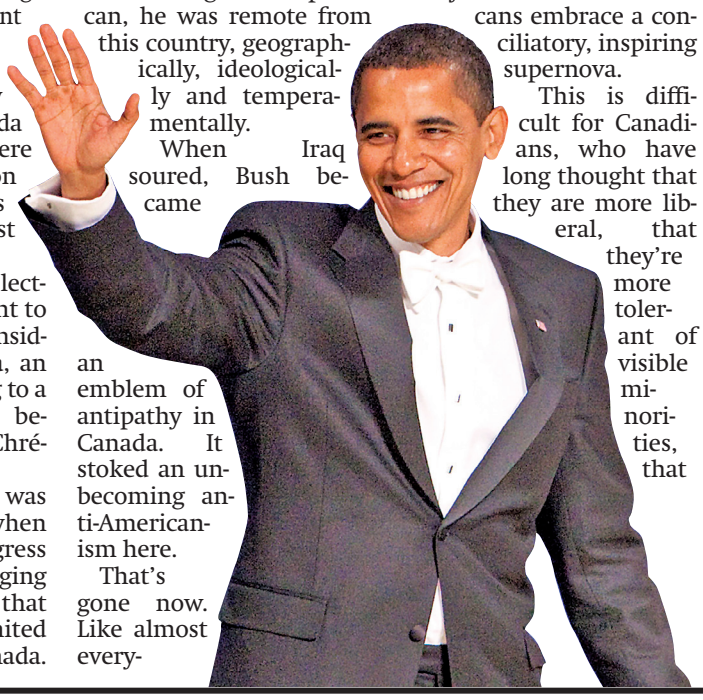
It is something of a tradition for a new president to visit Canada before he visits anywhere else. It is an expression of respect for America's oldest friend and largest trading partner.

In 2001, the newly-elected George W. Bush went to Mexico first. It was considered a snub in Ottawa, an inauspicious beginning to a prickly relationship between Bush and Jean Chrétien.

Our amour propre was wounded, again, when Bush addressed Congress after 9/11. Acknowledging the many countries that had helped the United States, he ignored Canada. Not terribly gracious, we thought.

Two years later, Canada refused to go to war in Iraq and conveyed its decision badly to Washington. An angry president cancelled a visit to Ottawa that spring. Said he was too busy.

George W. Bush knew or cared little about Canada. As a southwestern, conservative, religious Republican, he was remote from this country, geographically, ideologically and temperamentally.



When Iraq soured, Bush became an emblem of antipathy in Canada. It stoked an unbecoming anti-Americanism here.

That's gone now. Like almost everywhere else in the world, Barack Obama is a darling in Canada. Looking at him and the hope he's generated — Canadians are disappointed with their fractious politics.

Behold, American envy. It is now the United States, not Canada, which is new and daring. While we grudgingly elect a dour, flinty economist, Americans embrace a conciliatory, inspiring supernova.

This is difficult for Canadians, who have long thought that they are more liberal, that they're more tolerant of visible minorities, that America is a melting pot of conformity. No longer.

Indeed, so great is Barack Obama's appeal that he could become a third force in our politics. He's more popular than Harper here, and that gives him credibility.

The president's influence, should he use it, may be greatest in climate change; Obama is expected to urge Canada to adopt higher continental standards on carbon emissions. This is a problem for Harper, who has supported the tarsands in Alberta, a huge source of pollution.

Then there is Afghanistan, where the Americans are increasing their military commitment. They will probably ask us to stay longer than 2011, when our troops are to leave.

As the president prepares to come to Ottawa, Harper will learn there is another leader of the opposition. His name is Barack Obama.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

## Views

# A reckless heart is really the danger

**Doug Firby**

There's a popular current of thought that snow resorts should "ban" skiers and riders who go out of bounds, for fear they are costing taxpayers a lot of money when they need to be rescued from remote backcountry locations.

But not every backcountry adventurer needs to be rescued. And charging them thousands of dollars for the rescue could discourage some from calling for help when they really need it.

When three skiers and one snowboarder slipped out of bounds at Vancouver's Grouse Mountain resort earlier this month in pursuit of some fresh powder, for example, they were "rescued" even though they reportedly didn't seek any help. In that case, the rescue — and subsequent ban from Grouse Mountain — was the resort's way of driving home the point that it doesn't want its facility used as an entry way to the backcountry.

In some cases, however, resorts have no such authority. All any resort can do is try to ensure there are plenty of signs warning adventurers of the potential dangers beyond the boundaries. Backcountry adventurers are supposed to register with Parks Canada before they head out, but you'd need an army of wardens to enforce such a requirement.

**"It's too bad we couldn't bill people for being stupid or reckless. Often, it's the ill-informed and ill-equipped ones who are the cause of trouble."**

There is one offence, however, that ski areas can and do clamp down on — skiing or riding in closed areas. Guests who enter a closed area are liable to have their passes yanked for the season.

Areas are closed because they either don't have enough snow or have unstable conditions, including risk of avalanche. Knowingly entering one of those areas is an invitation for trouble, and a violation of the Alpine Responsibility Code, which requires skiers and riders to "stay off closed trails and closed areas." When you purchase your pass in Western Canada, you agree to the terms of the code.

Snow resorts strongly prefer guests stay within bounds. The moment you slip under that rope, you are rolling the dice on conditions.

It's too bad we couldn't bill people for being stupid or reckless. Often, it's the ill-informed and ill-equipped ones who are the cause of trouble. And everyone ends up paying the price for that.

Doug Firby is associate director of communications for Sunshine Village Ski and Snowboard Resort in Banff National Park.

## Worth mentioning

# Death of the desktop?

Pity the poor desktop. Its bulky mass, its heavy cables and its stationary existence have turned it, in the eyes of many consumers, into something of a brontosaurus awaiting extinction.

With more people opting for laptops, as well as the even-smaller, even-more-portable netbook, the future doesn't look bright for desktops. But some experts say it's too soon to start carving a gravestone.

The tipping point occurred last fall, when global market intelligence firm IDC announced for the first time, laptop sales outstripped desktop sales.

There are several reasons for the shift. While consumers have always liked the idea of portable computers, laptops used to be a lot more expensive while offering smaller screens, smaller hard drives and slower processors.

Not any more. Laptops have narrowed the gap both in terms of technology and price. And the growth of Wi-Fi in public places means people can use laptops almost anywhere.

Despite the gloomy outlook for desktops, experts say there will always be a market for them. They can accommodate large screens and ultra-fast video cards — a must for gamers, said Prasad Gowdar, a consumer electronics commentator and chief information officer with PCM Interactive Inc., a Winnipeg-based Internet marketing firm..

There's also the corporate sector, which might prefer keeping most employee computers stationary. "I can tell you for security reasons, corporations are not happy about their data disappearing out the door," Gowdar said.

THE CANADIAN PRESS

**Metro Online Poll Results**

66% SAID YES

**Can Barack Obama reverse America's dwindling fortunes?**

*Weigh in on today's question at metronews.ca*

34% SAID NO

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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

**BHP Billiton to shed 6,000 jobs**

Mining giant BHP Billiton plans to slash 6,000 jobs, or about six per cent of its global work force, as it rushes to cope with plummeting demand because of the global financial crisis. There were no mentions of cutbacks in Canada. THE ASSOCIATED PRESS

# Business

**DOLLAR**

| | | |
|---|---|---|
| 0.74¢ | C$ | 79.63¢ US |
| | US$ | $1.2558 |

**OIL**

| | |
|---|---|
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EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

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# Source up for sale

## Deadline looms for electronics stores chain

**The fate of The Source by Circuit City hangs in the balance as tomorrow's deadline looms for buyers to firm up bids for the chain of 765 consumer electronics stores.**

The best outlook for the profitable chain, hobbled by its U.S. parent's problems, is a sale that would leave The Source outlets intact and protect all 3,130 jobs across Canada.

**16 suitors**

- InterTAN of Barrie, the legal entity that operates The Source in Canada, said 16 potential buyers have signed non-disclosure agreements.

Possible suitors include furniture retailer The Brick Income Fund, retail rival Best Buy Canada, or a buyout group led by The Source management.

The unfortunate alternative for The Source could be to follow its U.S. parent into liquidation. Circuit City Stores Inc., the second largest U.S. consumer electronics retailer, began closing its doors last Friday.

In the process, it dragged its Canadian subsidiary into bankruptcy court protection because the two shared the same credit facility. TORSTAR NEWS SERVICE

## In brief

**SLIDE** Auto production in Canada slid by almost half a million cars and light trucks in 2008 to the lowest level in 16 years. Many analysts are forecasting a decline of at least another 10 per cent in Canadian auto production this year from 2008 as the U.S. recession deepens because Canada exports more than 80 per cent of its vehicle output south of the border. TORSTAR NEWS SERVICE

## West GTA bucks office space vacancy trend, report says

**COMMERCIAL** Job losses, particularly in Ontario, are expected to result in a significant upswing in the vacancy rate for commercial real estate over the next six quarters, according to a year-end report to be released today by Cushman & Wakefield Lepage.

Overall vacancy rates increased to 5.5 per in the fourth quarter from the third. One bright spot, the report says, happens to be in the west GTA, where vacancy rates went up to 5.7 per cent from 5.5 per cent in the third quarter. Downtown vacancy rates remain the tightest at 3.8 per cent. TORSTAR NEWS SERVICE

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**Steelers in white**
The Pittsburgh Steelers will wear their white road uniforms against Arizona in the Super Bowl, just as they did when they defeated Seattle for the NFL title three years ago in Detroit. The Cardinals, as the home team, chose to wear their red home jerseys in the Feb. 1 game in Tampa. METRO NEWS SERVICES

# Sports

## Burns battling cancer again

**Former Maple Leafs and Canadiens coach Pat Burns is fighting cancer for the third time. Burns told Montreal's La Presse he was diagnosed with lung cancer last spring. He underwent chemotherapy during his first two bouts with liver and colon cancer, but the newspaper reported he will now try other methods of treatment.** METRO NEWS SERVICES

JOHN.CHICK@METRONEWS.CA

# Leafs lose in shootout; Raptors blown out again

**NHL RESULT**

**Bruins 4 Maple Leafs 3 (SO)**

VS

**Michael Ryder made sure the all-star break didn't start on a sour note for the Boston Bruins.**

He scored the shootout winner last night as the Bruins overcame a two-goal deficit and beat the Leafs 4-3.

Ryder beat Vesa Toskala with a high wrist shot to secure the victory, the third of four Boston shooters to find the back of the net during the tiebreaker.

It had looked like Toronto's game. The Maple Leafs started with very little of the "performance anxiety" coach Ron Wilson says they've been experiencing during recent games at Air Canada Centre.

Simply scoring a goal was a good start. Blake ended the team's drought on home ice at 141 minutes 49 seconds when he tucked the puck around Tim Thomas late in the first period, cashing in after some nice work by linemates Dominic Moore and Lee Stempniak.

THE CANADIAN PRESS

FRANK GUNN/THE CANADIAN PRESS

Mikhail Grabovski is levelled by Boston's Aaron Ward last night.

**7** Losses in the Leafs' last eight games.

**NBA RESULT**

**Raptors 76 Pistons 95**

VS

**Tayshaun Prince scored 12 of his 25 points in the third quarter, helping the Detroit Pistons pull away from the Toronto Raptors in a 95-76 win last night.**

Prince's play overshadowed the story of the game. The Pistons used Richard Hamilton as a reserve after the all-star shooting guard started his first 611 games, including the playoffs, in his seven seasons with the team. Detroit coach Michael Curry inserted six-foot-nine forward Amir Johnson in place of Hamilton and kept superstar Allen Iverson in the starting lineup.

Chris Bosh had 19 points for the Raptors, who have lost seven straight.

Andrea Bargnani scored 16 points and reserve Jermaine O'Neal had 11 points, playing for just the second time in 13 games. O'Neal has been slowed by a sore right knee.

The slumping Raptors got off to a solid start, leading 22-17 after the first quarter and trailing by three at halftime.

Prince helped the Pistons dominate in the third as they outscored Toronto 30-19 to earn a cushion big enough to set up an easy fourth quarter.

THE ASSOCIATED

**7** Straight losses for the Raptors.

DUANE BURLESON/THE ASSOCIATED PRESS

Richard Hamilton looks to pass against Andrea Bargnani last night.

## Kent hangs up the spikes

**MLB** Jeff Kent will announce his retirement from baseball today. Kent spent 17 years in the majors and leaves as the career home run leader among second basemen with 351. The 40-year-old played for the Jays, Mets, Indians, Giants, Astros and Dodgers. METRO NEWS SERVICES

## SCOREBOARD

**NHL**

YESTERDAY'S RESULTS

Boston 4 **TORONTO** 3 (SO)
New Jersey 5 Montreal 2
Dallas 4 Florida 1
N.Y. Islanders 2 Anaheim 1
Philadelphia 5 Atlanta 3
Tampa Bay 5 Buffalo 3
St. Louis at Chicago
Los Angeles at Colorado
Columbus at Calgary

**NBA**

YESTERDAY'S RESULTS

Detroit 95 **TORONTO** 76
Boston 98 Miami 83
Charlotte 101 Memphis 86
New York 114 Phoenix 109
Dallas at Milwaukee
New Jersey at New Orleans
Utah at Houston
Washington at Sacramento
Cleveland at Portland
L.A. Lakers at L.A. Clippers
Oklahoma City at Golden State

# UFC pushing New York; Ontario in sights

**The biggest fight for the mixed martial arts industry may not take place in any arena this year.**

Instead, it will be in Albany, N.Y., as lobbyists and industry executives try to persuade the state legislature to legalize the popular sport in the Empire State.

Victory for the UFC, the sport's biggest name, means staging a lucrative fight in Madison Square Garden, one of the most important venues in the country in a key market.

"Let me say how important New York is to our company," said Lawrence Epstein, UFC's general counsel. "New York is the world media centre. When you do events in New York you get more attention."

Mixed martial arts is currently banned in New York. UFC failed to get it overturned last year. Similar debates have been playing out around the U.S., as the sport has surged in popularity: UFC officials also are making a push to allow MMA in Wisconsin, South Carolina and Massachusetts.

UFC president Dana White has said getting the sport sanctioned in New York and Massachusetts is his immediate priority, with Ontario next.

MMA cards are held regularly in the likes of Alberta and Quebec but not in Ontario.

In New York, the Las Vegas-based UFC finds itself locked in a cage match with a feisty and highly regarded New York assemblyman who has called the sport "barbaric."

"What the people from Ultimate Fighting will tell you is that 'We've changed the rules and it's no longer this brutal, no-holds-barred sport that it was in the past,'" state assemblyman Bob Reilly said.

"That's far from the whole story. What they don't tell you is what is allowed. Kicking to the head. Kneeing them. Sitting on top of them and repeatedly punching them in the head and face. They don't tell you those things."

This year, UFC has regrouped, rolling out a pricey study that says hosting fights in Buffalo or Manhattan would produce millions of dollars for the cities at a time when the state's economy is staggering under the weight of recession. The fast-growing UFC has retained an influential lobbying firm and deployed top executives to explain the sport to legislators.

UFC officials even cite a medical study that says MMA is safer than boxing.

"The sport has clearly evolved over the years," said Marc Ratner, UFC's vice-president of regulatory and governmental affairs, who will be making a trip to Albany again this year.

"It's all about education," Ratner added. "There are some legislators who still believe it's 1995."

THE ASSOCIATED PRESS

**"There are some legislators who still believe it's 1995."**
Marc Ratner

### One day?

- UFC president Dana White told Metro's John Chick in August that legalizing professional MMA in Ontario remains the circuit's third priority after New York and Massachusetts. METRO NEWS SERVICES

## Sports in brief

**NBA** The Raptors' Kris Humphries is out indefinitely with a fractured right fibula. Humphries injured his leg during Sunday's loss to the Phoenix Suns in Toronto.

**NHL** The Minnesota Wild sent left-winger Ryan Hamilton to the Maple Leafs yesterday for left wing Robbie Earl in a swap of minor leaguers. Earl has one assist in nine career NHL games with Toronto. He will report to the Wild's AHL affiliate in Houston. The 23-year-old Hamilton had 39 points for Houston last season, but has never played in the NHL.

**CFL** The Toronto Argonauts have hired Peter Kuharchek as their defensive co-ordinator. The 61-year-old has nearly 40 years of coaching experience in the NCAA, USFL, NFL Europe and Arena Football League.

METRO NEWS SERVICES

For more sports coverage, visit metronews.ca/sports

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**Nats lower ticket prices**
The Washington Nationals lowered individual-sale ticket prices on 14,000 seats for 2009 yesterday. **METRO NEWS SERVICES**

# Kaberle feeling pressure

TheHockeyNews
Ryan Kennedy

thehockeynews.com

In the most recent issue of The Hockey News, my colleague Eric Duhatschek wrote a very interesting piece on San Jose Sharks defenceman Rob Blake, the stalwart potential Hall of Famer who is having a rebirth in the Bay Area.

As recent as last season, when Blake was a member of the struggling Los Angeles Kings, the future didn't look so rosy for the former Norris Trophy winner.

The bottom-dwelling Kings were often hemmed in their own zone and that put a lot of pressure on a veteran defenceman who had already logged his share of ice time in the league and is most effective when manning the point in the offensive end.

Why the turnaround in San Jose? As Blake pointed out in the article, he's on a better team now.

His offensive skills have the space to flourish once again and if he doesn't log 25 minutes a night, his team can still win.

Which brings us to Toronto's lone candidate in this weekend's NHL All-Star Game in Montreal, defenceman Tomas Kaberle.

Basically an all-star selection by default, Kaberle has not looked like himself this season and it finally clicked for me when I read the THN Blake piece; the burden is heavy for a veteran blue-liner on a bad team.

After all, if fans of the Buds could count on one thing in the past decade, it was Kaberle's unparalleled ability to evade the first forechecker on a breakout, not to mention a sometimes maddening refusal to shoot on the power play, which nonetheless became an assist on someone else's man-advantage marker seconds later.

Let us not pretend for a second those skills have evaporated. In fact, as the statistics bear out, Kaberle is on pace to have a better season than he did last year.

That puck-moving ability, which will make him the No. 1 target of some contending teams at the trade deadline is clearly still in effect; the blue-liner is on pace to have less turnovers than he did last season, while he should also eclipse or at least match his point total of 53 from 2007-08.

But alas, the wins aren't coming as they used to. And here's where the Blake comparison comes in.

The Leafs have had an awful time with defensive zone coverage this season, perhaps because there are so many new faces on the blue-line, not to mention a constant rotation of pairings due to injuries. And when the coverage breaks down, the goaltending has not bailed the team out.

This naturally accounts for the large number of goals the Buds have given up and, not coincidentally, it affects Kaberle — the guy expected to move the puck out of the zone most often.

That's the thing about pressure, it just keeps building.

The Hockey News
thn.com

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# Metro Homes

## Shock guide

**This week the Canadian Standards Association launches the 21st edition of the Canadian Electrical Code — a mandatory guide that addresses electrical safety, shock, and fire hazards of electrical products in Canada.**

METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

# Nautical suite living

Seen here are the exterior (above), bedroom (left), kitchen (bottom left) and living room (below) of Monarch Corporation's nautical-themed Waterscapes at Waterview condominiums in Etobicoke.

## Suite Talk

JOSEPHINE LIM
for Metro Canada

**The lake and nature was the inspiration for the navy blue and white, luxurious, nautical suites in Monarch Corporation's Waterscapes at Waterview condominiums in Etobicoke.**

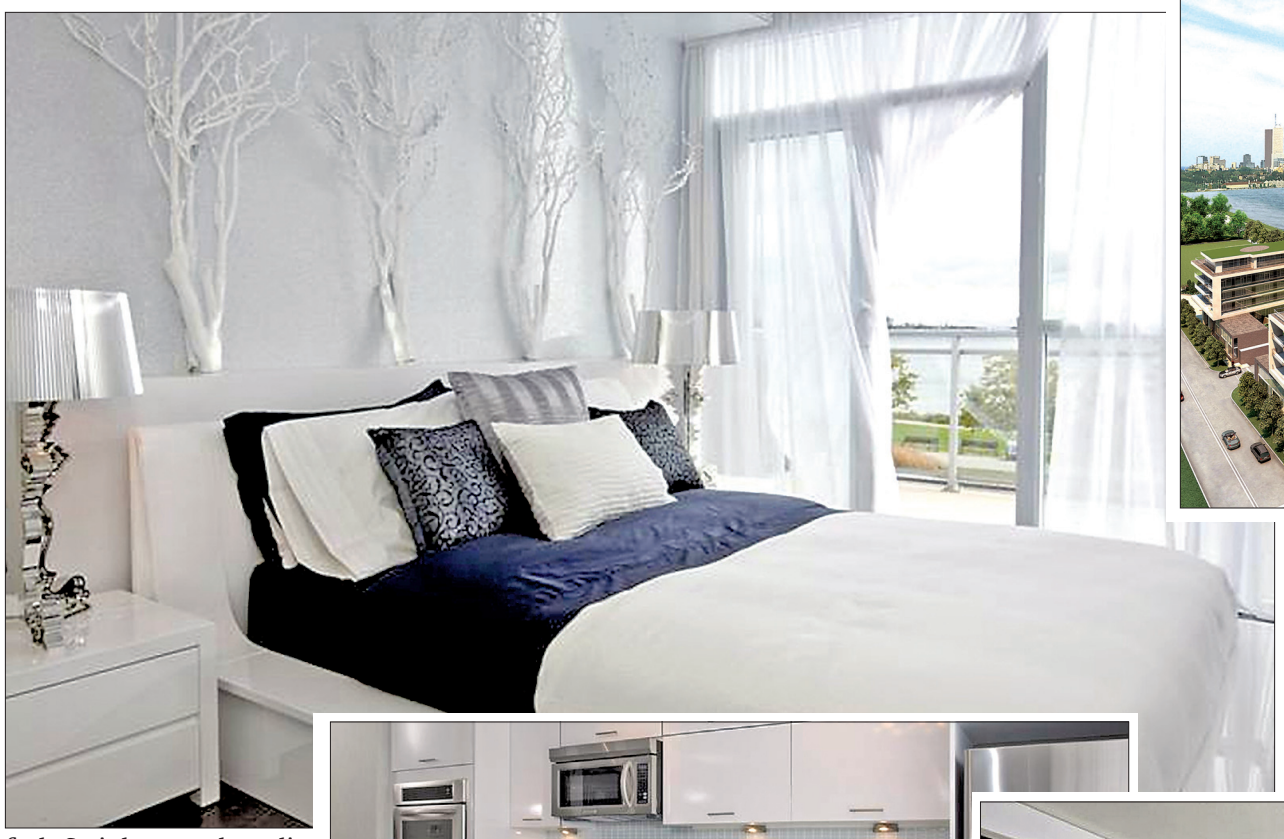
"Nature is the strongest feature in the area," says Carmen Dragomir, co-designer and owner of Esqape Design. "We wanted to be influenced by it and wanted to emphasize it."

The suite, designed by Jennifer De Sousa and Dragomir, encompasses a minimalistic approach that's stylish, yet comfortable.

It features white as the dominant background, which was chosen to soothe and make the design appeal to everyone.

"It allows your imagination to flow freely and you can add your personal touch," says Dragomir. "It's very easy for them to see how they can add their personal furniture and accessories so they can envision their life in that suite."

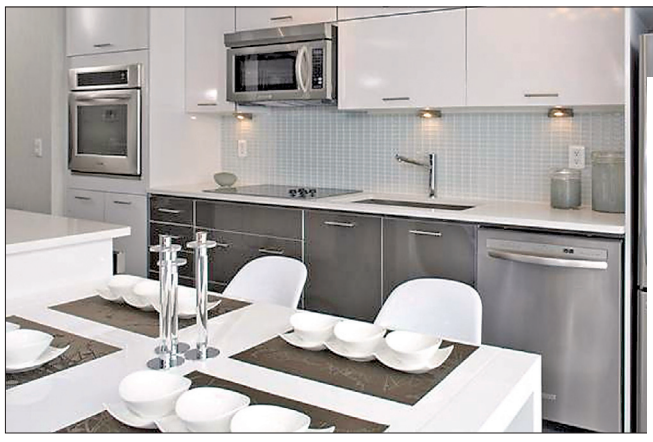
The suite's kitchen is extensively white with granite countertops and an island with high-gloss white finish for a chic and sleek feel. Stainless steel appliances add accents to the room, while the charcoal-coloured lower cabinets bring contrast.



In the living room, the theme of nature reappears in the mirrors, which capture the reflection of the water and sky in any part of the unit.

While the master bedroom has a subtle touch of glamour, using a wall covering that has glass beads to imitate a waterfall.

This nautical theme adds another reason why the suite's design applies to anyone, says Dragomir.



"The nautical theme is timeless and so trendy to use at any age," says Dragomir, who relies on fashion for many of her designs.

The size of suites ranges from 465 to 1,605 square feet with starting prices of $189,990.

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# Decor

Read more in the February issue of STYLE AT HOME magazine.
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## Ideas

### Room planner for your shelf

**HOME & LIBRARY** **Home Design Ideas by Caroline Clifton-Mogg, Joanna Simmons and Rebecca Tanqueray, $40, Ryland Peters & Small, hardcover, 256 pages.** If your house feels less than homey, pick up this tome, which will teach you how to plan well-thought-out rooms. Chapters are divided into areas of the home (including outdoor spaces), and many different styles are featured, from modern and vintage to eclectic and casual. With advice on creating a variety of spaces, there's also info about selecting storage, lighting and flooring, as well as finishing touches. — JENN HOULIHAN

## Accessories

### Vase inspired by B.C. rocks

**HOME & STYLE** The raw, weathered beauty of the Tafoni rock formations on British Columbia's Gulf Islands provided homegrown inspiration for 18 Karat's latest collection of accessories. Void 25-1/2" stoneware vase $80, 18 Karat Home Store, 888-849-8811; eighteenkarat.com.

— BRETT WALTHER

# At your service

## Whether mod, trad, country or glam, trays are both useful and eyecatching

Trays in all shapes and sizes are multi-tasking must-haves. Shown here are some of Style at Home's favourites:
Top left: Kabibe shell $100, Kreiss: Toronto, 416-925-0200; kreiss.com.

FELIX WEDGWOOD

Top centre: Coral Reef stainless steel and black lacquered aluminum $290 US, Michael Aram: 866-792-2726; michaelaram.com.
Top right: Glazed wood $40, ChairTableLamp: Toronto, 416-934-1021.
Centre: Oscar de la Renta Kent inlaid wood $195, AT Design Group: Toronto, 416-323-0323; atdesignhome.com
Centre left: Chinoiserie hand-painted wood $500, Joan Eiley: Toronto, 416-968-0778; joaneiley.ca.
Bottom left: Fracture glass mosaic and iron $195, 18 Karat Home Store: 888-849-8811; eighteenkarat.com.
Bottom centre: Tava handwoven rattan in Honey $72, Pottery Barn: potterybarn.ca.
Bottom right: Jonathan Adler lacquered wood $395, Absolutely: Toronto, 416-324-8351; absolutelyinc.com. — LAUREN FLANAGAN

## Refresher course **Tips for editing and accessorizing a coffee table**

**Do:** Display favourite accessories at different heights and shapes;
**Do:** Use a tray to corral books, remotes or other small items;
**Do:** Add a low, showy bouquet as a focal point;
**Do:** Mix textures;
**Do:** Display books neatly;
**Do:** Contain current newspapers in a bowl or basket;
**Do:** Change display seasonally.
**Don't:** Allow newspapers to take over the surface, or stacks of magazines and books to become unwieldy;
**Don't:** Display mismatched or mostly burned candles;
**Don't:** Leave DVDs on the table; store them out of sight.
**Where to get it:** Coffee table, West Elm: Toronto, 416-537-0110; westelm.com. Crystal sphere, Elte: 888-276-3583; elte.com. Box, ChairTableLamp: Toronto, 416-934-1021. Dogon bowl, Angus & Company: Toronto, 416-537-4104. Magnifying glass, Teatro Verde: 888-483-2876; teatroverde.com. Carpet, IKEA: 866-866-4532; ikea.ca. Glass firescreen, Bergo Designs: Toronto, 416-861-1821; bergo.ca.

— WRITTEN AND PRODUCED BY MARGOT AUSTIN

VIRGINIA MACDONALD

ROBIN STUBBERT

## One-stop shopping for home entertainers at Pusateri's

**ONE-STOP SHOP:** Avid entertainers have been heading to Toronto's ne plus ultra food emporium, Pusateri's, for four decades now. At the top of their grocery game, the Pusateris pounced when retail space next to the shop came up for grabs last fall. The next step was logical: Floral and fine home accessories. "Food's the focal point (when entertaining), but the surroundings provide comfort. So, beautifying with floral arrangements and unique design pieces really adds to the essence," says general manager John Mastroianni.
**HOT COMMODITIES:** "We scoured the world," says owner Ida Pusateri, who went on global product hunts with executive director John Xuereb. He showed us exclusives like Pummer's elegant lead crystal decanters, $280 each, and Mario Cioni's sexy black crystal Persephone vase, $2,300.
**TABLE DRESSING:** We love the river-stone-evoking Georg Jensen Quack coffee carafe, $165. On a smaller budget? $50 buys you a luscious European hand-tied bouquet.

**Pusateri's, 1539 Avenue Rd., 416-785-9100; pusateris.com**

— YUKI HAYASHI

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# Whimsical furniture for kids

**Designers of kids' furniture are letting their imaginations run away with them, and that's great news for hip parents looking for fun, exuberant decor.**

The colour wheel is spinning happily amidst bookcases and bedding. And many designers are taking a whimsical, artistic approach with the very shape of furniture.

Judson Beaumont, owner and head designer for Vancouver's Straight Line Designs, has concocted a world of Alice-in-Wonderland-esque pieces that straddle craftsmanship and inventiveness.

Bookcases stack haphazardly, like a giant tossed them into the air. Cabinets with names like "Oops" and "Boom" appear to have had run-ins with things wild and wonderful. Others, like Joined at the Hips and Sobey, bend and twist, yet have perfectly aligned drawers.

The effect is fanciful, but the furniture is practical and well-crafted.

"The idea behind the pieces is more about, what if a piece of furniture could change and have its own personality?" says Beaumont. "I've always been a fan of Disney and Dr. Seuss, so it just made sense to make these crazy shapes. But the most important thing with my designs is they have to be functional as well as fun."

Dust Furniture in Valparaiso, Ind., is another studio experimenting with shapes. A deep blue side table and lime green bookcase may slouch saucily, but they're still serious working furniture.

Jessie Leman, Dust's project manager and wife of designer Vincent Leman, says the pieces are intended not just for young people but "for youthful spirits, no matter their age. Our furniture is definitely for anyone with a playful imagination."

Plushpod, long a retailer of trendy kids' furnishings, carries the iconic P'kolino line from Italy, featuring a kid-size clothes rack in happy hues like tangerine and lime, and a collection of pint-size laminated play tables and chairs. Their Tarantino layered high-density foam chairs would withstand the most high-spirited of play dates.

This spring, Pottery Barn Kids partnered with the Dr. Seuss Foundation on a line of decals, organic cotton bedding, and soft furnishings featuring Seuss' most popular characters, such as The Cat in The Hat and the One Fish, Two Fish gang.

Janet Hayes, executive vice-president for the retailer in San Francisco, says the collaboration aims "to excite and delight" children while inspiring parents to get creative.

There was another, practical consideration.

"One of the most popular requests we receive from our customers is for patterns that go into a shared space," notes Hays. The colours and images in Dr. Seuss' illustrations suit both girls and boys.

Pair any of the collection's pieces with a stacked teacup lamp for a room that gives off a definite "Seussian" vibe. Or opt, perhaps, for the multi-shaded cluster ceiling fixture that asks: Why have one of anything, when a whole bunch is way more fun?

Other inventive light fixtures can be found at Lamps Plus, including a plump, gleaming Prop Plane in brushed nickel and frosted glass, and a Planet and Stars pendant which projects colourful outer space images on the ceiling.

THE ASSOCIATED PRESS

## Helpful links

- straightlinedesigns.com
- kidcarpet.com
- plushpod.com
- bonjourmoncoussin.com
- lampsplus.com
- potterybarnkids.com
- dustfurniture.com

STRAIGHT LINE DESIGNS

This photo shows Straight Line Designs' Sobey Dressers.

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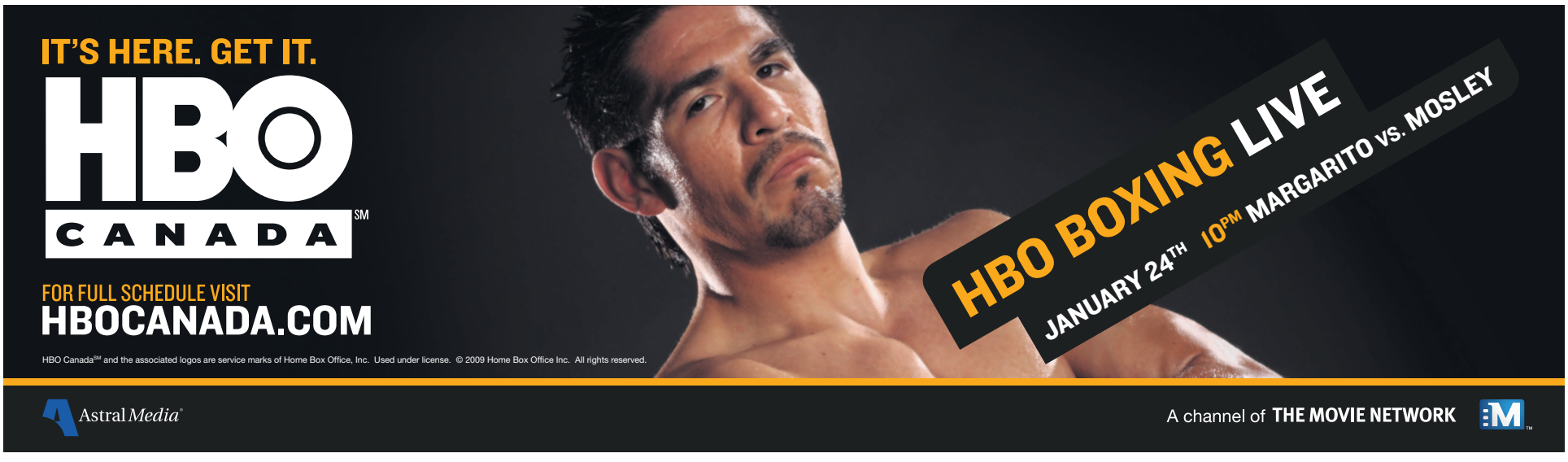
STRAIGHT LINE DESIGNS

Top: This photo shows the Prop Plane Light Fixture. Designers of kids' furniture are letting their imaginations run away with them, and that's great news for hip parents looking for fun, exuberant decor. Above: The Joined at the Hips Dresser.



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# It's time to give stainless steel a rest

## The finish is falling out of favour, due to constant upkeep and a sterile feel

HomeScape

Let's face it, stainless steel in the kitchen may be on the verge of getting a little tired.

Not that I don't love the finish — it's got inherent good looks and it's flexible in terms of decor, but the love affair is starting to fade.

I'm not the only one who's ready to move on. Austere is becoming a dirty word when it comes to kitchen style, and it seems that choices in appliance finish are finally starting to diversify. Rich, coppery tones and warmed-up whites seem to strike more of a chord these days.

Stainless steel always had its critics, to be sure. There were many who tried to warn me about the ubiquitous fingerprint problem before I bought shiny, sparkling appliances, but I wouldn't listen.

Now, after hard-won experience, I will admit to spending more time than I'd like wiping fingerprints and other smears off my sometimes less-than-sparkly stainless steel appliances.

But even if fingerprints were not an issue, people would be starting to look further afield for something that's warmer and friendlier than stainless steel. In online chats devoted to design, you can find plenty of folks complaining about the finish's coldness and sterility.

Not surprisingly, appliance sellers are starting to respond to consumers' requests for an alternative to stainless steel. White and off-white colours such as bisque, cream and a glazed white which looks like a well-aged ivory are appearing more and more.

Jenn-Air has come out with its Oiled Bronze collection of appliances, which is getting a lot of attention. The collection features a deep, rich bronze tone, which makes for a sophisticated and elegant look that could work well in both contemporary and more traditional settings. Check jennair.ca for a peek.

Crisp bright colour is another alternative to stainless steel that is finding its way into stylish new kitchens. We're seeing some bright, saturated colours on appliances, such as cobalt blue, lemon yellow or red, as well as more subtle colours in glass fronts.

For example, check out the coloured retro appliances from Elmira Stove Works, elmirastoveworks.com. Although the look is generally associated with the typical rec room, garage or cottage, Tony Dowling, the firm's business development manager, says he's increasingly seeing them installed in contemporary settings. The most popular colours are candy red, buttercup yellow and robin's egg blue.

**Jenn-Air's Oiled Bronze kitchen appliances, above, and Elmira Stoveworks' colourful retro fridges, above right, are among the alternatives to austere stainless steel.**

British and European appliance makers like Aga and AEG have long been more adventurous with colour, offering up bright reds and blues along with their more neutral tones. Professional-line ranges like those produced by Bluestar, Viking or Wolf have also not been shy about using colour.

Another intriguing alternative is Jenn-Air's glass-front appliances, which come in onyx black or frosted white. Dacor's Preference glass-front dishwasher also comes in striking and subtle floating glass colours such as slate green, anthracite gray, sterling gray, titanium silver, blue water or black.

It's a gorgeous sleek, contemporary look, although alas, glass fronts may require as much polishing as stainless steel. But glass fronts may be perfect if you live in an adults-only household and don't mind polishing the glass regularly.

The moral of the story is, if you're buying appliances, don't be afraid to investigate something different. Stainless steel isn't the only kid on the block anymore.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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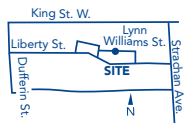


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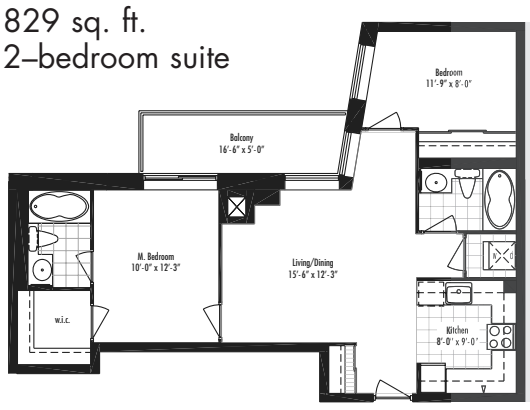


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# Late payment of common expenses can end up costly

LegalMatters

**Q I recently sold a condo in Toronto and inadvertently, neglected to pay the monthly common expenses for which I was credited on closing. (I think I did this because it was so close to the beginning of the month). On top of this oversight, the new owners did not pay their common expenses for a couple of months and now we have received a letter through our lawyer that the condominium corporation has put a lien against the unit.**
**What should I do?**

A What some condominium owners don't realize is that the common expenses are due and payable at the beginning of each month (the first day) and under section 32 of the Condominium Act of Ontario, the condo corporation has the right to lien after three months of non-payment with additional reasonable costs such as legals and application fees. Normally, items such as utilities do not form a legal lien and must be dealt with through the court system. However, the government has provided this specific lien right in order to enhance the protection of the numerous condominiums and especially when a good portion of them are purchased as investments and are leased out to tenants. It is still the landlord/owner's responsibility to look after their common expenses; whether or not they are covered by the rent. More often than not, the building manager will be proactive and contact the owner but the new owners in this case had not contacted the management office with their contact details.

In this situation, the vendor was also subject to a small N.S.F. charge and unfortunately a portion of the legal costs applicable to the registration of the lien (to the tune of $200). Forgetting your monthly monetary responsibilities can be a costly lesson.

Jeffrey D. Cowan is the principal of Cowan & Taylor, Barristers & Solicitors, jeff@cowanandtaylor.com. The information contained in this article should not be relied upon as legal advice.

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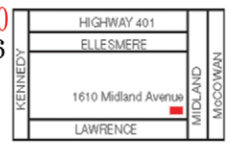


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**Amit Paul**
amitp@rogers.com

I think the recent turn in the market has caught the attention of just about everyone and it's created a brand new concern in the minds of buyers, if not significantly strengthened an old one. Over the past few weeks while showing I've been asked repeatedly "what kind of things do buyers look for?" and "how fast would this house sell if I needed to sell it?" Now, while such questions are not uncommon for buyers to concern themselves with, they have become much more prevalent than I remember them to be. The reason of course is that our market's uncertainty has manifested into a concern that a buyer may not be able to sell down the road.

Before I get into a few things that can help ease this concern, it's important to understand that one of the benefits of buying in a market like this one is that the market will have turned by the time you're ready to sell, in all likelihood, giving you even more upside to your purchase than normal.

Having said that, if you are concerned about what will attract a buyer, there are a few things you should consider.

**LOCATION:** First off, make no mistake, there are certain areas of the GTA that are more popular and attractive than others. The reasons for this are better suited for a different article but suffice it to say that a property in certain areas of Oakville is a safer decision than one in certain areas of Scarborough, and can be in more ways than one. Popular neighborhoods are certainly a relevant factor. Bayview Village, Bloor West, The Beaches, Joshua Creek and Greensborough, for instance, are amongst the popular. If you believe you will be happy choosing a home in a popular neighborhood and can afford it comfortably, you'd do well to consider it. Before moving forward, however, you should also consider when you foresee your next move. This will allow you to assess how relevant the current popularity of a given neighborhood really is for you. The popularity attached to certain areas of the GTA is more temporary than others.

**CHARACTER:** When it comes to the home itself there are certain characteristics that you can be sure your eventual buyers will be drawn to. I have yet to come across anyone who doesn't like a double-door entrance, for instance, while a tiny yard is not high on really anyone's want lists. Brick exterior is almost always the preference. A stone exterior, I've found, is just as desirable. A unique yet practical layout is one of the most wanted, yet hardest to find, features.

**AMBIENCE:** I've also found that the majority of buyers prefer their homes to be on quieter streets, even if they prefer being very close to major ones. A large and impressive kitchen along with private baths that can be accessed directly from bedrooms are also commonly preferred. Finally, the way the home looks on the outside is of utmost importance. They say you shouldn't judge a book by its cover but the truth is that, at least when it comes to homes, most of us do. A finely landscaped yard is a valuable trait.

Now of course many of the things I've described are those that can be added or improved. Things like layout and location cannot. So placing the most focus on those items makes sense. At the same time if you plan on moving within four or five years, chances are most buyers will not make major improvements, opting instead to save their hard earned cash for their next, more long term, purchase.

Amit is a Realtor/Developer with Re/Max. amitp@rogers.com

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## In **brief**

**COLOURS** Never mind the gloomy grey of winter. It's time to think green. That's because jade green is predicted to be the hottest colour for walls in 2009, leading Canadian paint brand CIL Paints has announced.

"The desire to protect our planet is making its way into homes through colours that calm and revive both the mind and surrounding environment," says Shaun Noble, Marketing Manager for CIL Paints, citing CIL's Opal Silk green as the brand's 2009 colour of the year. "The growing popularity of green is attributed to increased interest in all things eco-friendly, as well as a longing for the soothing and energizing qualities of nature's touch in today's demanding world."

Cool shades of blue-based greens — particularly jade or tea green — will be increasingly favoured in home décor, as main or accent tones, says Noble. Influenced by water, green energy and techno innovations, jade green carries a futuristic look and "promotes an atmosphere of healing and optimism," she says.

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# Food

***"The word for fish, 'Yu,' sounds like the words both for wish and abundance. On New Year's Eve it is customary to serve a fish, symbolizing a wish for abundance in the coming year."*** Barb Holland/for Metro Canada

**Served whole**
**For added symbolism, the fish is served whole, with head and tail attached, symbolizing a good beginning and ending for the coming year.**

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

## LiquidAssets

**Peter Rockwell**
liquidassets@eastlink.ca

### Long lost grape

When it comes to grapes there's been a lot of excitement in the vineyards over the last few years.

We've seen the return of long forgotten whites (riesling, sauvignon blanc), the rise of the South American red (malbec, carménère) and Obama-sized adulation for inventive blends (like the marriage of shiraz and viognier). Unfortunately all this "cool" fruit has taken its toll on one of my favourite varietals: Chardonnay.

First planted in France's Burgundy region, it's now grown just about everywhere which has fuel the fire under complaints that any originality has been long lost. I blame the over oaking of many a chardonnay for all the back-turning, and most winemakers have been toning it down to reveal fresher flavours.

The **2007 Fat Bastard Chardonnay ($14.95 - $16.99)** from southern France is a perfect example of where subtle barrel aging really lets the grape's lemony fruit come forward.

Over in California the **2006 J. Lohr Riverstone Chardonnay ($20.75 - $23.98)** shows its light woodiness in the vanilla, coconut and butterscotch highlights that fuel its ripe, citrusy flavour trail.

Both wines make a hip reintroduction to a great grape and will match well with white fish, poultry dishes and lighter cream sauces.

*Prices reflect the range across the country. Some products may not be available in all provinces.*

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

# Here's to another New Year

## À la carte

**Barb Holland**
Metro Food Writer

**As it falls on the first day of the lunar calendar, the specific date of Chinese New Year changes each year. This year, 2009, it is Jan. 26 and this is the Year of the Ox.**

**Given the importance of food in Chinese culture, it is not surprising that food plays a major role in Chinese New Year celebrations and "lucky" foods are served through the two-week Chinese New Year celebration.**

**What gives a certain food symbolic significance? Sometimes it is based on appearance. Noodles represent a long life; an old superstition says that it's bad luck to cut them. Or, a food may have special significance because of the way the Chinese word for it sounds. The Cantonese word for lettuce sounds like rising fortune, so it is common to serve a lettuce wrap filled with other lucky food. Tangerines and oranges are passed out during Chinese New Year as the words for tangerine and orange sound like luck and wealth.**

Noodles — nearly synonymous with Chinese cuisine and present in many dishes — represent a long life and, in old superstitions, it's considered bad luck to cut them.

### Kung Pao Chicken

This spicy dish, named after Ting Kung Pao, a high-ranking Chinese official during the Ching Dynasty, is served in both Szechuan and Hunan restaurants. Peanuts are typical to this dish. Serve with rice or noodles and a green vegetable such as bok choy. Makes 4 servings.

**INGREDIENTS:**
- 1 lb (500 g) boneless, skinless chicken thighs or breasts, trimmed of any fat and cut into 3/4-inch (2 cm) cubes
- 1 tbsp (15 ml) soy sauce
- 1 tsp (5 ml) dried hot pepper flakes
- 1 tsp (5 ml) cornstarch
- 1/4 cup (60 ml) chicken broth
- 1 tbsp (15 ml) Chinese black vinegar, balsamic or rice vinegar
- 1 tsp (5 ml) sugar
- 2 tsp (10 ml) Asian chili garlic sauce
- 1 tsp (5 ml) hoisin sauce
- 1 tbsp (15 ml) vegetable oil
- 1 red pepper, cut into 1-inch (2.5 cm) squares
- 1/2 tsp (2 ml) cornstarch stirred into 1 tsp (5 ml) cold water
- 1/3 cup (75 ml) roasted, salted peanuts
- Cooked rice or noodles

**METHOD:**
In a medium bowl, stir together soy sauce, hot pepper flakes and cornstarch until smooth. Add chicken and toss gently to coat. Let stand 10 minutes while preparing remaining ingredients.

Sauce: Stir together broth, vinegar, sugar, chili garlic and hoisin sauces, set aside.

Heat oil in large skillet or wok over medium-high heat. Add chicken and stir-fry until lightly cooked, 1 to 2 minutes. Add red pepper and stir-fry until tender-crisp, about 2 minutes. Stir in sauce mixture until bubbly and heated through.

Add dissolved cornstarch and cook, stirring gently until sauce thickens, about 30 seconds. Stir in peanuts and serve over rice or noodles.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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**Billy's Best Bottles**
"This week's 'two step' pair is about contrast. A nice Californian white and a rustic red from Portugal." To read this week's column, visit metronews.ca METRO NEWS SERVICES

# Hockey champs' secret chef weapon

## Canadian Junior Hockey Team's superstition brings Calgary chef on tour with them

JENNIFER HILLIKER
for Metro Canada

**Ever since the Canadian Junior Hockey Team won gold at the World Junior Hockey Championship in Sweden two years ago, they haven't wanted to change their luck.**

That's why they brought Jeff Hanna and his chef Andrew Gass with them during the recent world junior championships in Ottawa.

"What you eat is a very big deal," said first-year player Tyler Myers. "It has a lot to do with your success on the ice."

A gold medal for Canada has come out of all three years Hanna and Gass have served the team.

"If they have a winning recipe for anything they do, they are going to stick with it," said Hanna, who owns The Metropolitan Grill, Tommy Burger and Seven Restolounge in Calgary.

"We're three for three. We like to think that we did our part."

The other reason why Hanna and Gass keep returning to serve the team is because of their flair for knowing the athletes' food needs, which include grilled cheese sandwiches and plenty of pasta bolognaise.

ROBIN KUNISKI/FOR METRO CANADA

Calgary chef Andrew Gass holds up his dish, Hearts of Romaine Lobster Caesar Salad. Gass travels with and cooks for Canada's Junior Hockey Team to satisfy a superstition — he's fed the young athletes for their last three gold medals.

"We served them mounds and mounds of pasta — it was unbelievable," Hanna said. "The team needs lots of carbs to keep their energy up."

Added Gass: "They just want something they can recognize. They have pretty regimented routines with stuff they're used to eating before the game."

It was this taste of Canada the team needed for the gold in Sweden.

"Hockey Canada phoned and said, 'For the first time ever in hockey history, we're going to bring our own chefs. With the dietary concerns in Sweden, the players aren't going to survive out there,'" Hanna said.

As well as serving the team day-to-day, Hanna and Gass prepared special meals. This year they took over a restaurant in Ottawa on New Year's Eve to cook for the team and their friends and family.

On the menu was a three-course dinner, starting with a lobster Caesar salad with a five-cheese garlic bread, then AAA Alberta beef tenderloin with a homemade Hollandaise sauce and fresh asparagus, complete with a light and dark chocolate mousse for dessert.

**"Hockey Canada phoned and said, 'For the first time ever in hockey history, we're going to bring our own chefs."**
Jeff Hanna, restaurant owner

"It was awesome," Hanna said of his experience. "We were treated like we were one of them. The Canadian camaraderie was incredible."

Myers said he's not a superstitious guy himself, but noted that many other players on the team have plenty of superstitions and having Hanna and Gass was a big one.

"Since that's one of them, we might as well keep it," Myers said.

### Hearts of Romaine Lobster Caesar Salad

**INGREDIENTS:**
- Grilled lemon
- Hearts of romaine
- East-coast lobster
- Deep-fried capers
- Oven-baked fresh croutons

**Dressing:**
Part A:
- 4 oz minced garlic
- 2 oz (60 ml) chopped drained caper berries
- 3 fluid oz (90 ml) seeded (grainy) mustard
- 1 fluid oz (30 ml) Worcestershire sauce
- 2 oz (60 ml) Greek feta cheese
- 2 oz (60 ml) egg yolks

Part B:
- 2 l vegetable oil

Part C:
- 4 fluid (120 ml) oz lemon juice
- 2 fluid oz (60 ml) good quality aged balsamic vinegar

Part D:
- 2 fluid oz (60 ml) cold water

**METHOD:**
Whip Part A in a mixer or blender on high speed until it doubles in volume.

Add Part B in a slow stream.

Add Part C in a slow stream until fully incorporated.

Add Part B and mix well. Dress salad.

Canadian Living magazine is on sale now!

## Canadian Living recipe of the month

For more great recipes, visit metronews.ca.

# Linguine with Clams

**INGREDIENTS:**
- 1 1/2 lb (750 g) fresh littleneck clams
- 1/4 cup (50 ml) dry white wine
- 8 oz (250g) linguine
- 1 tbsp (15 ml) extra-virgin olive oil
- 2 cloves garlic, minced
- 1/4 cup (50 ml) chopped flat-leaf parsley
- Pinch each salt and hot pepper flakes
- 1 tbsp (15 ml) butter

**METHOD:**
Scrub clams; discard any that do not close when tapped.

In saucepan, cover and steam clams and wine over high heat until clams open, 4 to 5 minutes. Strain into bowl, reserving broth. Discard any clams that do not open. Set aside.

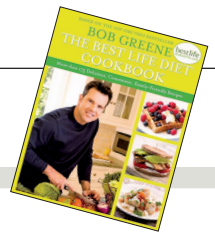
In large pot of boiling salted water, cook linguine according to package directions until tender but firm; drain.

Meanwhile, in skillet, heat oil over medium-low heat; cook garlic, parsley, salt and hot pepper flakes, stirring occasionally, until garlic is softened but not browned, about 2 minutes.

Add reserved clam broth; bring to boil. Add linguine; boil on high, stirring often, until about 3 tbsp (45 ml) liquid remains, about 2 minutes.

Add clams; toss until heated through. Stir in butter.

**A popular choice**
Still trying to lose the holiday weight? You're probably not the only one. The Best Life Diet Cookbook: More than 175 Delicious, Convenient, Family-Friendly Recipes by Bob Greene topped Amazon.ca's list for best-selling cookbooks last week. METRO NEWS SERVICES




# Ox dishes inspire Chinese menus

RICK MCGINNIS
rick.mcginnis@metronews.ca

**Chinese New Year's dinner is about a lot of things — it's a celebration of family, of the year to come and an invocation of luck, and every one of these things is hinted at in a meal richly steeped in symbols.**

Denise Yan, event manager of Toronto's Chinese Cultural Centre, tells me that the Chinese New Year dinner was once nearly the only regular occasion that would bring a family together, though in the age of e-mails, text messages and webcams, the sense of occasion has been diminished somewhat.

Still, young Chinese-Canadians looking for ways to maintain their identity are often "more Chinese than the Chinese in Hong Kong," and traditions like the New Year banquet remain popular, though deep-fried dishes, massive portions and rich sauces have been falling out of favour.

Ken Tam, executive chef at Lai Wah Heen, the five star Chinese dining room at Toronto's Metropolitan Hotel, insists that the symbolic element remains paramount, no matter what innovations a chef might bring to traditional cuisine.

"Essential dishes for a Chinese New Year menu include chicken, fish, dried oyster and dried seaweed," Tam says. "This is because the dishes symbolize important Chinese meanings. For example, chicken and fish equals good fortune, dried oyster means good event, dried seaweed is associated with wealth and shrimp with laughter."

The New Year is the year of the ox, and Tam is acknowledging this with a special dessert — ox-shaped pastries. Meanwhile, in Vancouver, chef Stuart Irving of Gastown's popular Wild Rice restaurant is preparing a special three-course meal with the ox at its head. The first course is a steamed oxtail half-moon dumpling with a ceviche made of local B.C. shrimp, and the main course is a braised Pemberton beef shank, deboned and stuffed with Asian herbs and served with Five Treasure Rice — a twist on the traditional lotus leaf-wrapped package, and filled with water chestnut, cashews, sweet Chinese sausage, pea shoots and shallots.

**"A lot of our customers are young — they're Canadian-Chinese. They like to see the mixture. We do a good play on dumplings. We like to put some western ingredients in there."**
Chef Stuart Irving

Dessert is another dumpling, deep fried and filled with red bean paste and white chocolate, and served with star anise caramel tofu ice cream.

"The five treasure rice I've chosen to promote good luck," Irving says. "The dumplings are very traditional as well — I've chosen dumplings for the first and last course, and I've tried to keep within tradition, but not stick with it too much. We want to keep it there, but we're not strict — we want to play it loosely."

"A lot of our customers are young — they're Canadian-Chinese. They like to see the mixture. We do a good play on dumplings. We like to put some western ingredients in there. A lot of our customers love it — it's something different. The old traditional flavours are there, but it's a bit of a twist."

This Chinese New Year marks the year of the ox, left, but many dishes are steeped in symbolism for the new year — shrimp, for example, is associated with laughter.

## On the web

**Online recipe:**

- "It is important to present extremely high quality seafoods, such as Abolone," says Ken Tam of Lai Wah Heen, "to recognize and celebrate the year that has gone by." To that end, he has provided this luxurious entrée with abalone at its centre.
- For the Braised Abalone in Oyster Sauce recipe, visit metronews.ca

**Sarah Jessica comments on Obama gown**

Style icon Sarah Jessica Parker tells Usmagazine.com she loved the one-shouldered full-length white Jason Wu gown Michelle Obama wore to the 10 balls Tuesday evening. "I think she will be great for the business of American fashion," Parker tells Us magazine. METRO NEWS SERVICE

# Style

## An accessory for the gal about town

**Horrified of all the germs your purse will come in contact with on a dirty restaurant floor? If so, the My Tagalongs Purse Hooker is the perfect accessory for you. This handy collapsible hook latches onto any flat surface, making it easy to keep your purse safe and clean during an evening out. The My Tagalongs Purse Hooker, $15, comes with its own pouch and is available in the handbag section of the Bay stores across Canada as well as online at mytagalongs.com.** METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# Judging the runway

## Project Runway host Iman talks racism, diplomacy

BRIAN COULTON
for Metro Canada

**Even in a black car with darkly tinted windows, you can see her sparkling.**

As her vehicle pulls up, glimmers from her wrist and ears escape the glass barriers, capturing the beating sun outside. But while she may evade such obstructions, Somalian-born supermodel Iman said women of colour aren't quite as opportunistic.

"I could go (on) ... on the lack of black models," she said on the Ottawa-based catwalk set of Project Runway Canada's second season, which she hosts.

Behind her mask of beauty — of her diamond-studded bracelets, earrings, shoes and her vast, glistening eyes — she knows how dark a fashion industry overrun with eastern European models really is. "Of course I am aware! It is unacceptable for people to still be behaving like we were in the 1950s."

Aside from her 14-year-old cosmetics company designed specifically for women of colour, Iman's zeal for the issue also lead her to partake in two round-table discussions called Blacks in Fashion in New York. She said the talks, organized by pioneering black model and agent Bethann Hardison, caused Prada to use Jourdan Dunn for their fall 2008 collection, its first black model since Naomi Campbell in fall 1997.

"As a model, I can say whatever I want because I'm a citizen. I don't work for anybody. That's why I can talk about the lack of black models without anyone retaliating against me," she said.

But Iman didn't always have her eye on the runway. Before being discovered by American photographer Peter Beard at just 20 years old, Iman was set on a political career, following in her diplomat father's footsteps. But she said a diplomat must be wary of what they say because they have to "play ball" within the system.

**"I don't work for anybody. That's why I can talk about the lack of black models without anyone retaliating against me."**
Supermodel Iman

Iman has her own way of being diplomatic.

"How do I really say it in the right way that I want to say it without offending or insulting people? That's the way diplomacy comes into it," she said. "How do I make them see that they are going the wrong way — how arcane they are and how out of touch they are — without saying, 'You're stupid! You're being an ass!'?" she questioned.

That's why, when asked, Iman had no qualms with allowing her only daughter (once finished school) to enter the industry if she desired. "It gives you a platform where you can actually say something that the newspapers will write about. In that way, I think there is that responsibility you can take advantage of."

### Project Runway

- Season two of Project Runway premieres on Global on Jan. 27 at 10 p.m.

GLOBAL PHOTO

**Project Runway host and model Iman is not only a style icon, but also a political personality with an involvement in organizations like Blacks in Fashion.**

## Style File

**Kim Elbo**
kim.elbo@gmail.com

### ask kim

**When should I expect spring collections to start rolling into the stores this year?**

At this time of year many outdoor stores and malls are having their sidewalk sales. This means old holiday inventory wear is being pushed out of the doors and sold outside to make room for their spring inventory. Spring collections should start coming in late January to early February. In the meantime, take advantage of the sales and grab some basics.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

## Focus on jacket silhouettes

**The Short Sleeve**
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Shop: H&M
Address: Various Locations
hm.com

**Cape Jacket**
Designer: K. Brower
Shop: Dream
Contact: dreamstore@shaw.ca

**Structured**
Designer: Joseph & Elizabeth
Shop: joseph-elizabeth.com

**The Slouch**
Designer: Matix
Shop: Vozz Boutique
Address: Various Locations
vozz.ca

**The Slim Fit**
Designer: Mavi
Shop: Mavi
Address: Various Locations
mavi.com

**The Flare**
Designer: Parasuco
Shop: Parasuco
parasuco.com

### Black Jackets

Preppy black and navy blue blazers were a popular choice for jackets early fall last year. Stylists paired it with dresses, jeans and sweaters. Common accessories for the conservative jacket were belts and bold metal military-inspired buttons. This year the jacket takes on different cuts and forms. Designers have taken the shape and fit into account and have focused on the silhouette of the jacket. Slim fit and cropped jackets are a thing of the past. This year, look out for loose fit and moderate length jackets.

### accessory

**Opt for a faux pout with Soap & Glory's Sexy Mother Pucker lip plumping gloss, $10. Available exclusively at Shoppers Drug Mart.**

### Jean Trends

Gossip Girl stylist Eric Daman made the boyfriend cardigan a big hit last season. This spring the slouchy boyfriend jean is the thing to wear. However, the slim fit jean is still here to stay; we are seeing a lighter washed up version with frays on the edges.

## GlobalStyle

**Kenya Hunt**

Read Kenya, exclusively at metronews.ca/globalstyle and check out her blog at kenyastyle.com

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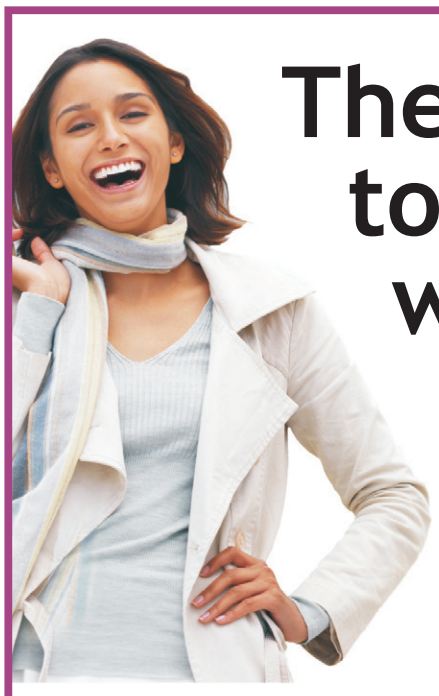

# The first step to a healthy weight loss

## Part 6

## How can you lose weight if you can't eliminate...

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This is not your average story!
In a good many cases, a person's constipation history originates in a series of behaviours that go back to childhood. Below are some situations that may remind you of your own experiences.
***In the car:***
When you were quite young and went out for a ride or a visit or to do errands, you told your parents that you needed to go... They told you to wait because you were almost there!
***At school:***
What could be more embarrassing than having to go to the washroom in those large, echo-prone elementary or high school toilet facilities?
Do you remember how embarrassed you were by those unseemly noises? And by the fear of leaving a bad smell?
***At work...***

***To be continued on January 27th...***

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STYLE CONTENT BY ELLE CANADA, SEE MORE AT **ellecanada.com.**

ELLE CANADA

## Elle Canada

# It's Coco Time!

Model and Project Runway Canada guest judge Coco Rocha sits in the fashion hot seat!

RANDY BROOKE/WIREIMAGE.COM

**When the producers asked you to be a judge, what was your reaction?** "All I really do is wear the clothes. I was afraid that talking about the fit or the material was out of my league — but I was fine."
**Was it tough to vote someone off?** "Yes! I could feel their pain. It was just like being rejected for a job or photo shoot."
**What was it like working with Iman?** "I was nervous. She's an icon! You definitely feel her supermodel vibe."
**The contestants had to design an outfit you could wear during New York Fashion Week. What advice did you have for them?** "My style is Elizabethan Tudor but with a very modern spin. I love frills, long dresses, puffed sleeves and tight waistlines. I told them to go with that but bring their own vision."
**What was your signature style before you became a model?** "I think I had two designer pieces in my closet — and they were both Calvin Klein T-shirts! My signature look was running shoes and a big fat sweater. I was pretty much a tomboy."
**What are some of your favourite labels now?** "I love Rag & Bone for their cool, modern look. And I adore Balenciaga! Nicolas [Ghesquière] always takes risks. I also love Jean Paul Gaultier for his personality — and, of course, for his clothes."
**What designers from the past would you be most excited to work with?** "I'd work with the fashion legends, like Yves Saint Laurent and Christian Dior."

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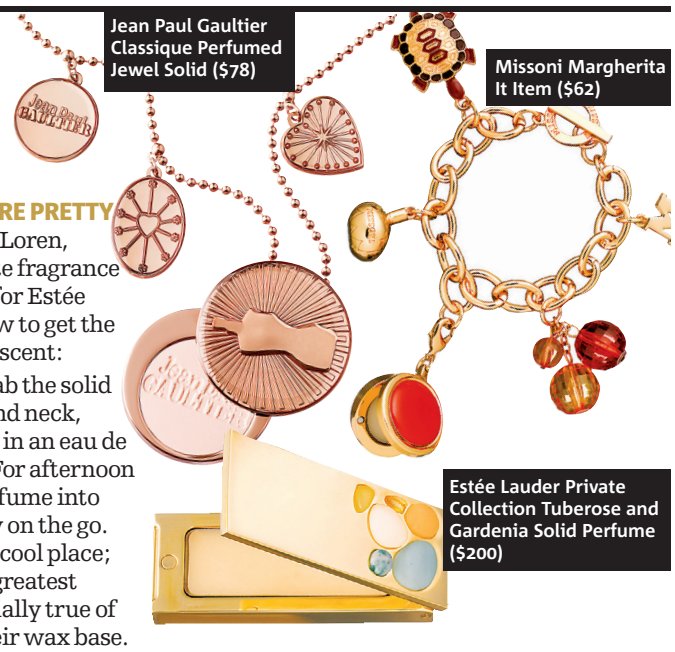
Polycarbonate, Delsey ($200, hbc.com)

Polycarbonate, International Traveller ($115, 1-800-295-7287)

Nylon, London Fog ($200, hbc.com)

STUDIO ANDRE DOYON

# SOLID GOLD




**THE LATEST PERFUMES ARE PRETTY—AND PORTABLE!** Trudi Loren, vice-president of corporate fragrance development worldwide for Estée Lauder Companies, on how to get the most out of your compact scent:
**1** Use your fingertips to dab the solid perfume on your wrists and neck, then apply the same scent in an eau de parfum spray overtop. **2** For afternoon touch-ups, pop a solid perfume into your handbag and reapply on the go. **3** Store solid perfume in a cool place; heat is one of fragrance's greatest enemies, and this is especially true of solid scents because of their wax base.

**Cruise wants to pilot new film**
Tom Cruise wants to star in a film about last week's Hudson River plane crash. The actor, who is a qualified pilot himself, wants to play Captain Chesley Sullenberger — the man who successfully crash-landed the aircraft on to the New York river, saving all 150 passengers. **FEMALEFIRST.CO.UK**

# Entertainment

**Escort service**
**Katie Holmes has landed a part in a new comedy called The Extra Man. The flick stars Kevin Kline as a failed playwright who becomes an escort to older ladies.** INTOUCHWEEKLY.COM

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

# Springsteen realizes a Dream

## Bruce **Springsteen**

**Album:** Working On A Dream
**Label:** Sony
**Rating:** ●●●●½

**BRUCE SPRINGSTEEN IS** in a happy place. His buddy Obama is in office. He's got a Golden Globe for The Wrestler (it's a "bonus track" on this album). He's got Patti. And his last album proved he can still rock the new milenium. You figure The Boss can do just about whatever he wants, now. And you'd be correct about that. He can write happy endings to outlaw songs, find love in "aisle two" of the local supermarket, score his music with layers of strings, write dime-store lyrics like "honey, you're my lucky day." This is a remarkably beautiful rock album, perhaps finally capturing the sound that should have been the backdrop for Born To Run. And it still features our old friends from E-Street, keyboards and sax so fat you could hide an army in them, guitars that slice through the night. Some critics, yearning for the poetry of Badlands and Thunder Road, may call it shallow. But who really cares? The Boss can do what he wants. We're lucky to have him.

**Graham Rockingham/for Metro Canada**

## Animal **Collective**

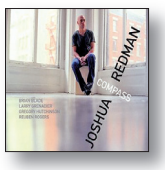
**Album:** Merriweather Post Pavilion **Label:** Domino
**Rating:** ●●●½

**PARENTS, IF YOU** find this in your children's collection, check the sock drawer. You'll be able to identify Animal Collective by the cover art. It should turn 3-D when you're high. Don't worry, though. It's not dangerous. It's actually pleasant, trippy fun. The sort of stuff that will plaster a smile on your face and leave it there for ... hours. A world of multi-layered dreams, off-kiltered harmonies, kaliope organs and cold, dripping water.

**Graham Rockingham/for Metro Canada**

## Joshua **Redman**

**Album:** Compass
**Label:** Nonesuch/Warner
**Rating:** ●●●½




**SOME JAZZ ARTISTS** can over-load on instrumentation and arrangements, and then adopt an ostentatious attitude when outsiders can't wholly understand their art. Joshua Redman prefers to welcome listeners to a clutter-free environment — he on sax with just a bass or two and one or two drummers — as a way to showcase his skilled Sonny Rollins-esque originality (save for his Beethoven rewrite on Moonlight filled with upbeat journeys and mellower glides). Ear-pleasing jazz never sounded so arty yet so accessible.

**Ian Nathanson/for Metro Canada**

## Antony And **The Johnsons**

**Album:** The Crying Light
**Label:** Secretly Canadian/Sonic Unyon
**Rating:** ●●●●

**NO ONE CAN** argue that Antony Hegarty, who plays under the moniker Antony and the Johnsons, is one of, if not the, most electic artist around. His soaring operatic vocals and orchestral instrumentation are not for the casual listener, but play his third album a few times and it's easy to see why everyone wants a piece of 2005's Mercury Prize winner. Deeply personal lyrics about pressing world and human issues and flawless string work combined with Hegarty's haunting melodies makes this a must have.

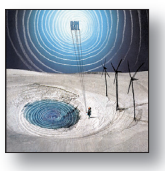
**Bryan Borzykowski/for Metro Canada**

## Music**Reviews**

music@metronews.ca

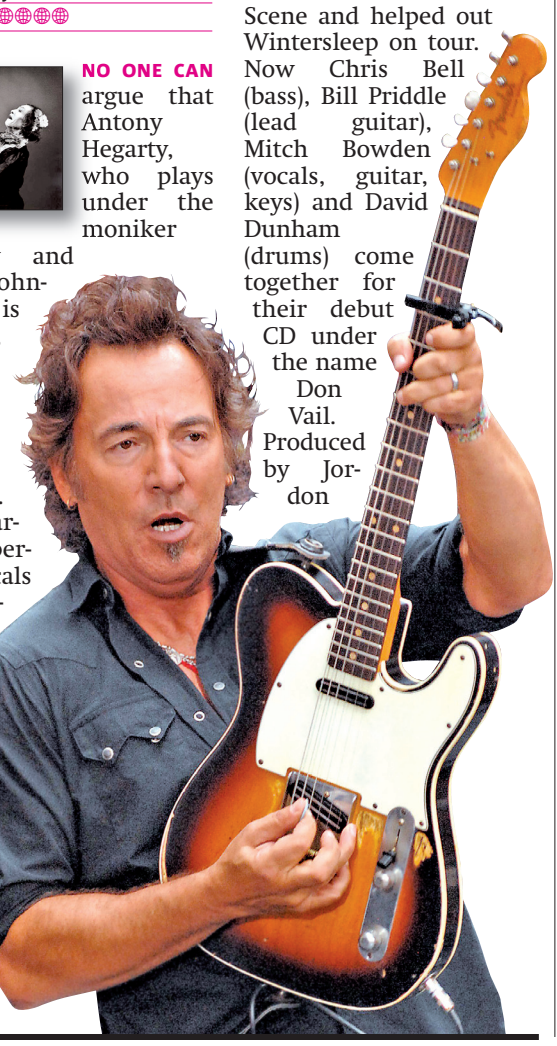
## Don **Vail**

**Album:** Don Vail
**Label:** Independent
**Rating:** ●●●



**DON VAIL IS** a Hamilton-Toronto collective crafted out of the embers of Chore, Treble Charger, the Priddle Concern and cartoon metalheads Sons Of Butcher. They've served stints with Broken Social Scene and helped out Wintersleep on tour. Now Chris Bell (bass), Bill Priddle (lead guitar), Mitch Bowden (vocals, guitar, keys) and David Dunham (drums) come together for their debut CD under the name Don Vail. Produced by Jordon Zadorozny, the 10-track album is a proggy pop on the surface, but has plenty for the serious indie rockster to sink his teeth into. Angular guitar flourishes, intricate bass patterns and close-to-the-edge drumming provide a backdrop for Bowden's restrained, folky vocals. It has its moments on tracks like Black Book Page and Linda McCartney, but there are times on this album when you want Don Vail to just let loose, drop the math rock and go wild.

**Graham Rockingham/for Metro Canada**



The Boss is back with a new album.
GETTY IMAGES

## Bon **Iver**

**Album:** Blood Bank
**Label:** JagJaguwar/Sonic Unyon
**Rating:** ●●●½

**ONE OF THE** best musical moments of 2008 was Bon Iver's brilliant debut disc. On For Emma, Forever Ago, The Wisconsin act, which is just singer-songwriter Justin Vernon, perfected the infectious, lo-fi acoustic sound, so it's no surprise that his four-song EP is another fantastic listen. Opener Blood Bank, with its soft pounding bass drum and rich harmonies improves on his formula; Woods, however, is a miss thanks to Vernon's Kanye-like auto-tuned vocals, a technique he should never touch. Still, this will leave you desperate for a new full-length.

**Bryan Borzykowski/for Metro Canada**

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**Love Guru leads Razzie nominations**

Mike Myers' The Love Guru led the field at the Razzies — celebrating the worst from Hollywood last year — which were announced yesterday. Guru received seven nominations. **PEOPLE.COM**

# Quebec director surprised by Oscar buzz

**FILM** Montreal director Benoit Pilon says he's been blown away by the enthusiastic response to his quiet film The Necessities of Life, about an Inuit hunter torn from his family and community by an outbreak of tuberculosis in the 1950s.

After a slew of accolades, he's bracing himself for what could be his most significant yet: making the short list for an Academy Award.

"It's just completely overwhelming," Pilon says of the possibility he could head to Hollywood come Oscar time for the film.

"I was not expecting that, it's just great. It's really hard to describe how you feel, sometimes I have this feeling that I'm looking at all this happening, like in a film, to someone else."

Pilon's first feature, shot in French and Inuktitut, is on a short list of nine movies vying for the Oscars' foreign-language film award.

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Slumdog Millionaire director Danny Boyle, who won a Golden Globe last week, does not hold out much hope for Oscar nods.

# Slumdog's real star revealed

**The main star of Slumdog Millionaire is the sharply contrasting city of Mumbai, said its director Danny Boyle yesterday, describing the Indian financial capital wracked by mass poverty as extraordinary in all its extremes.**

After winning four Golden Globes earlier this month, Boyle told reporters Slumdog Millionaire was an honest look at the immense hardships faced by millions of Indians who live in Mumbai's slums. He also rejected criticism that it romanticizes India's grim poverty.

Two days before the much-talked about Indian release, Boyle said the film was a fairy tale rooted in reality. It tells the story of Jamal Malik, a poor youth who becomes the champion of India's Who Wants to Be a Millionaire television program as he searches for his lost love.

"The star of the film for me is Mumbai — an extraordinary city with all its extremes," Boyle said.

More than half of Mumbai's 18 million people live in ramshackle huts packed near train stations or in the shadows of modern high-rises. Being India's financial and entertainment centre, it is a city of sharp contrasts — immense wealth and heart-wrenching poverty; gleaming skyscrapers and enormous slums.

To the country's poorest, it is a city of dreams with thousands flocking to Mumbai from impoverished towns and villages in search of new jobs and better lives.

Slumdog Millionaire is expected to fill theatres following its official release in India tomorrow, despite upsetting many who say it focuses on the West's fascination with the country's poverty.

The cast of Slumdog Millionaire is almost entirely drawn from Bollywood — India's enormous film industry — and from the slums of Mumbai. Nearly a third of the film is in Hindi, a change Boyle said was made after filming started.

The film "came alive" with the Hindi dialogue," he said.

Oscar nominations will be announced today, but Boyle said he was not holding out any hopes.

THE ASSOCIATED PRESS

## Nominations

- The 81st Academy Awards nominations will be announced today at 5:30 a.m. PT in Los Angeles. Visit metronews.ca for the complete list of nominees.

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– Michael Posner, *The Globe & Mail*

"This man leaves his audiences convulsing every time."
- Bill Brownstein, *Montreal Gazette*

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**Obama inspires new musical**
The brand new, 44th President of the United States has inspired a brand new musical. March will bring Obama On My Mind to London — to Islington's Hen and Chickens Theatre, to be exact, reports Playbill.com. **PEOPLE.COM**

# Kat Von D puts pen to paper

**BRIAN TOWIE**
Metro Canada

**Getting a tattoo? Whatever you do, don't copy your favourite celebrities.**

It's among the handy tips of tattooing dos and don'ts to be found in Kat Von D's new book, High Voltage Tattoo, a photo-driven compendium of one of the world's most notorious tattoo artist's previous work, artistic influences and childhood memories. The star of TLC show L.A. Ink and partner of Mötley Crüe bassist Nikki Sixx delves into the often misunderstood world of tattoo art and the stories behind her markings and those of her best friends and previous clients.

"It was a long time coming," says Von D (nee Katherine Von Drachenberg). "The show educates people about the tattoo world and the book is a more in-depth personal look at it."

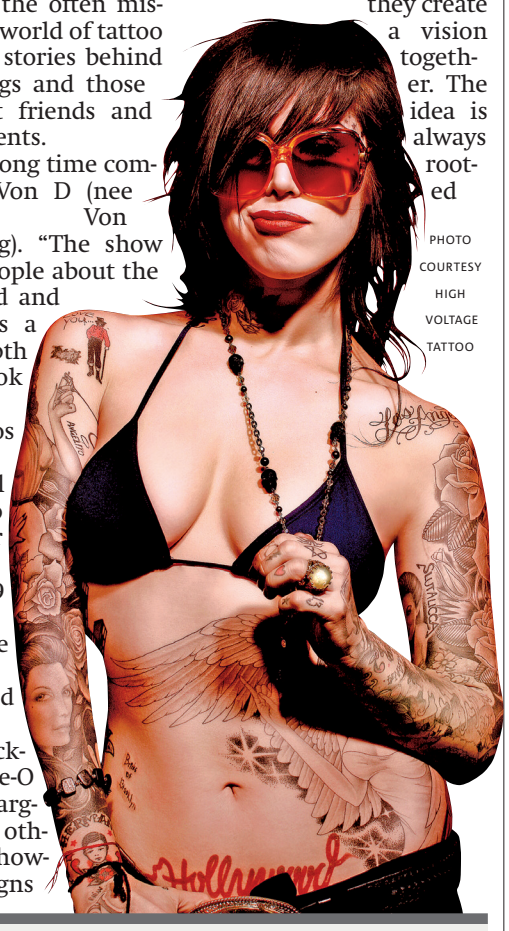

PHOTO COURTESY HIGH VOLTAGE TATTOO

The Los Angeles-based model and soon to be film star (appearing in 2009 vampire flick The Bleeding) has tattooed celebrities such as Jackass' Steve-O and Bam Margera among others. She showcases designs as elaborate and dynamic as something found in an art museum, from reproductions of Pablo Picasso's Guernica on the side of a torso, to more comedic works. Her personal favourites are two portraits of a friend's grandparents. Over the grandfather lies a banner saying, "Mona, get me a beer!" The grandmother's depiction replies, "Get it yourself!"

"Tattoos are a collaborative thing," the 26 year old says. "The dynamic between artist and client is a pretty free one. The client comes in with an idea and they create a vision together. The idea is always rooted with a client and a good tattooer will take it and make it better."

The world of tattoos isn't all wild rock 'n' roll abandon, however. Von D says she's taken sharp criticism from purists in the business who accuse her of "selling out." Keeping a steady hand while you work on someone's skin can also demand a great deal of strength and stamina. Von D points to Dec 14, 2007, where she set a Guinness World Record for doing the most tattoos in a 24-hour period by tattooing more than 400 arms, backs, legs and rear ends. "I just crashed for a whole day when I was done," she said.

It's no cakewalk for a recipient, either. You'll sit in a chair in uncomfortable circumstances for a period of time, so Von D suggests you have a fair idea of what you want done.

## Fresh ink

- High Voltage Tattoo is the new book from Kat Von D.

"The best advice I'd give anyone getting a tattoo for the first time would be to have a 100 per cent certain idea of what you want to get and not to get something because Nicole Richie has it," she said. "And don't get it because your boyfriend wants you to. And do your research: There's a lot of talent out there that nobody knows about."

## Kat Von D, from head to toe

**What:** Stars
**Location:** Face
**Story:** When Kat Von D was married, her husband told her to stop getting her face tattooed. So, she added seven stars to her face.

**What:** "Hollywood" tattoo written in lipstick
**Location:** Stomach
**Story:** Kat did this as an homage to one of her favourite bands, the New York Dolls.

**What:** Kat's "I Love You" tattoo
**Location:** Right shoulder
**Story:** Kat told Nikki Sixx to write her a love letter. Sixx responded by tattooing this note on her shoulder.

**What:** "Mi Vida Loca" tattoo
**Location:** Back
**Story:** Spanish for "my crazy life," Kat got this tattoo on Cinco De Mayo in 2004 after drinking a bottle of tequila.

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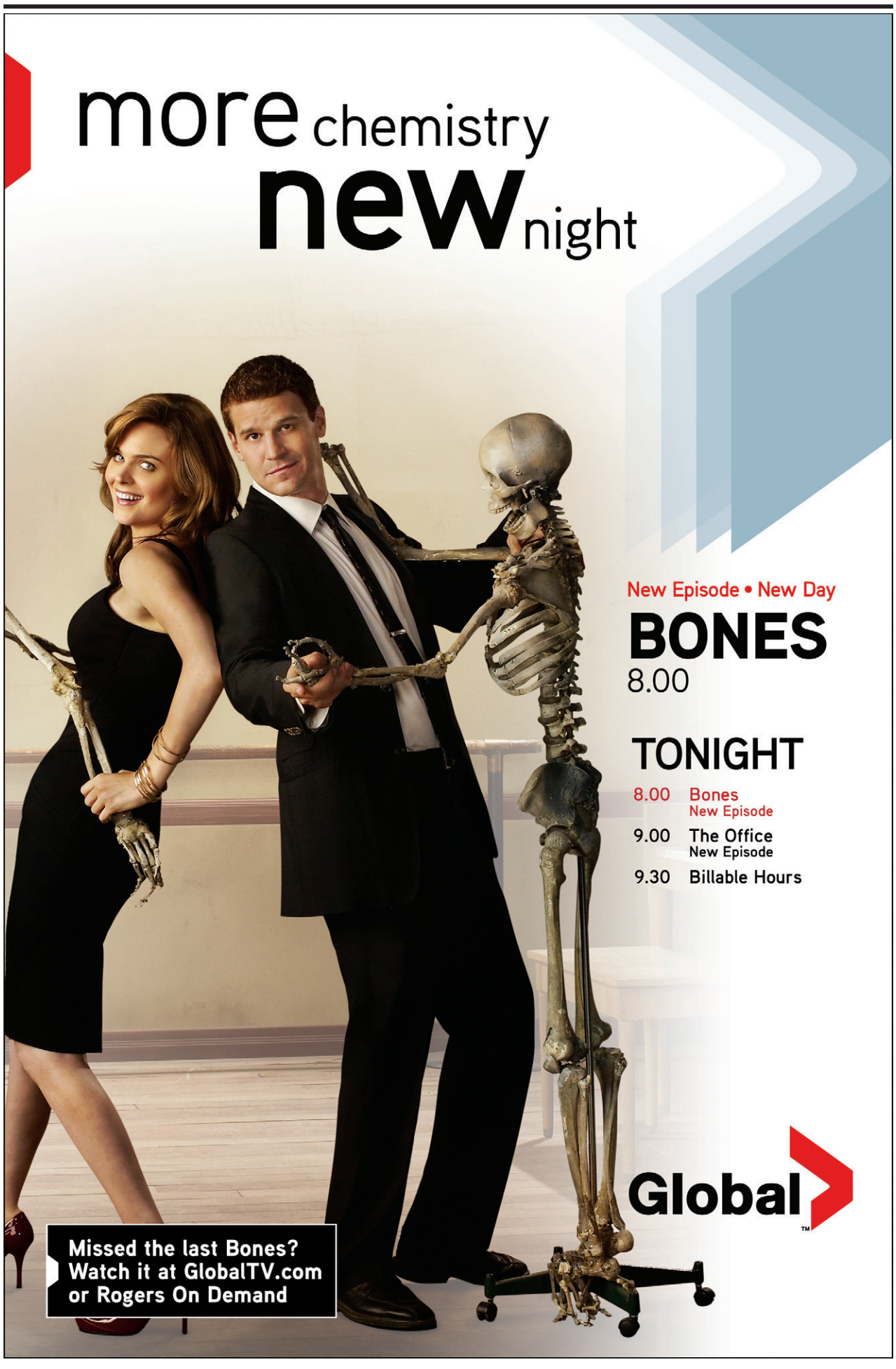

# FBI file on Carlin: Empty

**LEGACY** Talk about irony. George Carlin spent decades pushing the bounds of free speech by saying the seven words you can never say on television, but not one of them made it into an FBI file on him.

Among the 12 pages in a file recently released by Carlin's family are a couple of letters from outraged citizens who complained that the comedian had made fun of the FBI and its director, J. Edgar Hoover, during TV appearances in 1969 and 1970. There's also a letter from Hoover himself thanking one of Carlin's critics for defending his honour, and an internal FBI memo that quotes the director as asking: "What do we know of Carlin?"

Not much, as it turned out. The memo notes the FBI has "no data concerning Carlin" other than the two letters from his critics. Carlin was arrested following a performance in 1972 for saying the seven words (none of which can be reprinted here).

THE ASSOCIATED PRESS

# Another delay for Neil Young box set

**The wait continues for Neil Young fans.**

Young's oft-delayed The Archives Vol. 1 1963-1972 box set has been pushed back again until later this year with no firm date for its release, according to a representative from Warner Music Canada.

The collection, originally scheduled for release last fall, is expected to include unreleased studio and live recordings, fresh film footage, photos, personal letters and a 150-page book.

Some reports have indicated that the set will use the Blu-Ray format, but the Warner rep said details have not been finalized.

In the meantime, Young's new disc, Fork in the Road, is scheduled for release March 31, with the title track already available for download on his website. Early press about the record, however, has not been positive.

In a review of a Madison Square Garden performance by Young last month, the Village Voice called his new material "absolutely terrible."

Neil Young

The songs, which writer Rob Harvilla said seemed culled from a concept album about eco-friendly cars, were "disturbingly beef-witted" and the crowd reaction was emphatic: Harvilla reported that only 60 per cent of the original audience remained by the end of the show.

Young is nominated for a Grammy Award for best solo rock vocal performance for his song No Hidden Path, off last year's Chrome Dreams II. The awards will be handed out Feb. 8 in Los Angeles.

THE CANADIAN PRESS


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# I unjunked my body!

**Lina works in the fitness industry in Ottawa and recently came across an article on detoxing. Here is her story;**

"I was having a hard time losing those stubborn extra pounds and I was tired a lot, which showed in my face. So when I came across a Biofirm story in the local newspaper, it made me curious.

It definitely made sense to me that we get tired and bloated from too many toxins in our foods and from our environment. But I didn't know that it made us gain weight! So I purchased a box of Biofirm and took the recommended 6 tablets a day for a month with lots of water and high-fibre foods. I was determined to unjunk my body!"

**I lost 11 pounds on the detox!**

"In the first 4 weeks I lost 7 pounds. I definitely felt lighter and my skin was looking great – I was glowing! I had read that it could be unpleasant to take Biofirm but I actually enjoyed it, especially because you are still able to do your daily duties. You don't have to stay home or do it on the weekends.

After the 30 days detox, I wanted to continue, so I bought another 14 days of tablets. Again, I lost another 4 pounds and my clothes were getting very loose! I was thrilled - and the great part is that I didn't have to exercise vigorously for 6 weeks!!"

*– Line B., Ottawa*

**DETOXING: A GREAT WAY TO START A HEALTHIER LIFE**

Everyday, our bodies are exposed to toxins from the air we breathe, the water we drink and especially the processed foods we eat. If our bodies get overburden with toxins, our liver suffers and we start seeing the effect on our health; Our skin is affected, we get tired, we retain water, get headaches, digestion problems, bad breath and find it especially hard to lose weight.

Researchers have now discovered the biological cause of those stubborn pounds; Toxic particles bind water in the bodies' soft tissue and inhibit your metabolism from burning fat efficiently. The Conclusion: To lose weight, you must first cleanse your body!

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# The Spirit Alive in Africa

Caught between the rich cultural fabric of the past, and the fierce desire to modernize, Africa finds itself in a constant state of conflict and instability. Many nations in Africa are facing crisis in the truest sense of the word.

Over four weeks in January, Lawrence Park Community Church will hear from four people who are using their faith and their personal experiences to work to make things better, and inspiring hope for the future.

**Gender Issues**
with Sarah Macharia
Sunday, January 25 at 10:30 am

**The AIDS Pandemic**
with Aissatou Diajhaté
Sunday, February 1 at 10:30 am

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2180 Bayview Ave, Toronto • There are no tickets to buy for this series, or any other worship event at LPCC. Free parking is available. For more information on this series or any of our other programming, please contact us at 416 489-1551 or visit www.lawrenceparkchurch.ca

**One heck of an anniversary gift**
The National Film Board of Canada is marking its 70th anniversary in 2009 by launching an online screening room providing free home viewing of over 700 films, trailers and clips from the NFB's world-renowned collection. Visit NFB.ca. METRO NEWS SERVICES

## Falk's wife fights for conservatorship

**COURTS** Peter Falk's wife of 32 years is opposing a bid by the Emmy-winning actor's adopted daughter to place him under conservatorship.

Documents filed Tuesday in Los Angeles Superior Court state that Falk entrusted his wife, Shera Danese Falk, to manage his affairs and care before his health deteriorated.

Catherine Falk applied to be named conservator over her father's affairs in December, stating her father was suffering from Alzheimer's disease.

THE ASSOCIATED PRESS

# The ageless Akon?

**Even though Akon has a birth certificate, he says his age is still a mystery — and he'd rather keep it that way.**

"All it's going to do is depress me," he told The Associated Press in a recent interview. "I don't want to know I'm getting older. Then I'll start to think about getting checkups and insurance. I don't want that."

Numerous reports have put his age between 25 to 35 years old. In 2006, he gave his age as 25. But now, he claims his birth certificate shows he was born on April 16, 1977, which would make him 31. Some have accused Akon of trying to push back his age. But the singer, who was born in the United States but spent his early life in Senegal, where his family is from, says he never knew it.

Akon

"In Africa ... age is not important over there. They don't care. People only focus on it here (America) and in Europe."

Akon says when people ask, he just gives him a figure that comes to mind.

"I feel like I'm 21 right now," he says. "And I'll be 21 for the next 10 years."

Akon went multiplatinum with his 2006 CD Konvicted, which included hits such as Smack That with Eminem and Don't Matter. His most recent album, Freedom, was released in December.

THE ASSOCIATED PRESS

## Entertainment in brief

**COURTS** Alyssa Milano has received a restraining order against a man she says has repeatedly tried to contact her and showed up at her home unannounced. Records show a judge in Ventura County granted Milano a three-year restraining order on Dec. 23 against Jeff Turner, who lives in Northern California.

THE ASSOCIATED PRESS

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**Dillon charged with speeding**

Matt Dillon has pleaded not guilty to a Dec. 30 speeding charge in which police say they spotted the actor doing 106 miles per hour on an interstate highway in Vermont. THE ASSOCIATED PRESS

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# Arrested film unlikely

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

**HOPE SPRINGS ETERNAL:** "We've been covering rumours of an Arrested Development movie for nearly a year now," writes Brian Jacks on MTV's Movies Blog, before going on to dish up the latest news — or non-news, as it may be — about the unmade film that no one seriously expects to see.

Movie versions of cancelled TV series are basically the production house version of "I'll call you" — an insincere promise made during a moment of weakness, meant to paper over the awkwardness of telling people that one day, hopefully sooner than they think, it'll be time to move on.

Movie versions of everything from The Sopranos, Rome and Deadwood to The Riches and Jericho have been talked about, sometimes with a straight face — HBO has a seasoned Lothario's propensity for the empty gesture — but they've only rarely materialized; Joss Whedon's Serenity, based on his short-lived Firefly series, and the epic Sex And The City film are the most recent examples, and I don't think anyone will seriously suggest that the reputation of the originals was in any way enhanced by their movie reprises.

A scene from the Fox series Arrested Development.

Talk of an Arrested Development film has been going on since before the last episode aired almost two years ago. Several of the key cast members have made enthusiastic noises about doing a film, but the notable holdout has been rumoured to be Michael Cera, whose career has taken off since the show left the air.

Interviewed at Sundance, Cera denied that he was the holdout to MTV, but did say that he has yet to see a script and that the movie may be "more hypothetical than people think." By now, fans of the show should probably start admitting that the moment is past, and that by the time this chimera could actually materialize in the theatres, it'll be the equivalent of a Freaks And Geeks movie. (Which, come to think of it, is what nearly every Judd Apatow film so far has been.)

**I KNOW I PROMISED, BUT:** Now that creator Matt Weiner has been resigned to the show for two more episodes, I think it's time I broke my vow not to talk about Mad Men until the third season begins — sometime in July, according to the New York Post. And that would be all I've got, right now. Yup, that's it. Nothing more. You can stop reading now.

Rick McGinnis writes about music, movies, books and television, but not opera.

| TO | | Vu | SC | | C | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1/22/09 | primetime | 265 | 353 | 2 | TVO | Eco Engineering (N) | | The Agenda With Steve Paikin | | After the Deluge (N) | | Masterworks (N) | | Agenda-Paikin |
| | | 211 | 331 | 3 | GTV | ET Canada | Entertainment | Bones | | The Office (N) | The Office | The Unit "The Conduit" | | News (N) |
| | | 215 | 343 | 4 | OMN1 | Two/Half Men | The Simpsons | News (N) | | Vivere Il | News (N) | The Simpsons | King of the Hill | Metropia |
| | | 210 | 302 | 6 | CBC | Coronation St. | Jeopardy! (N) | The Nature of Things | | Doc Zone (HDTV) (N) | | CBC News: The National | | The Hour |
| | | 214 | 344 | 7 | CITY | Law & Order: SVU | | Ugly Betty (N) | | 30 Rock | 30 Rock | Murdoch Mysteries | | News (N) |
| | | 212 | 313 | 8 | CTV | etalk | Hollywood | CSI: Crime Scene Invstgtn. | | Grey's Anatomy (N) | | (10:01) ER (HDTV) (N) | | News (N) |
| | | 218 | 345 | 11 | E! | The Insider (N) | E! News | Name Is Earl | Kath & Kim (N) | *Criminal Intent* (2005, Suspense) Linda Purl. | | | | News (N) |
| | | 137 | 763 | 13 | TFO | Panorama | | Pointe-aux-chimères | | *Hôtel du Nord* ★★ (1938, Drame) Annabella, Louis Jouvet. | | | | Volt |
| | | - | - | 14 | - | Cold Case | | News (N) | | News (N) | | Two/Half Men | King | Cold Case |
| | | 213 | 326 | 15 | SUN | Scrubs | George Lopez | Smallville "Bulletproof" | | Supernatural (HDTV) (N) | | Rihanna: Good Girl Gone Bad | | Becker |
| | | - | 387 | 16 | CBS | Inside Edition | Hollywood | NCIS "Agent Afloat" | | CSI: Crime Scene Invstgtn. | | (10:01) Eleventh Hour | | News (N) |
| | | - | 385 | 17 | NBC | The Insider (N) | Entertainment | Name Is Earl | Kath & Kim (N) | The Office (N) | 30 Rock | (10:01) ER (HDTV) (N) | | News (N) |
| | | - | 386 | 18 | ABC | Wheel-Fortune | Jeopardy! (N) | Ugly Betty (N) | | Grey's Anatomy (N) | | (10:02) Private Practice (N) | | News |
| | | 219 | 346 | 20 | ACH-B | Instant Star | TMZ (N) | Don't Forget the Lyrics! | | Eleventh Hour "Miracle" | | (10:02) Private Practice (N) | | News (N) |
| | | - | - | 28 | FOX | Judge Judy (N) | Two/Half Men | Bones "Double Trouble in the Panhandle; Fire in the Ice" | | | | Seinfeld | Two/Half Men | The Simpsons |
| | | - | 388 | 61 | PBS | News-Lehrer | Goodnight Swt. | Doc Martin | | Voyages of Discovery | | MI-5 | | Business Rpt. |
| | | 297 | 652 | 330 | WPX | Two/Half Men | Family Guy | Smallville "Bulletproof" | | Supernatural (HDTV) (N) | | PIX News at Ten Tong. | | Two/Half Men |
| | | 296 | 654 | 331 | SBK | Wheel-Fortune | Jeopardy! (N) | Dr. Phil (HDTV) (N) | | WBZ News (N) | '70s Show | Frasier | Frasier | Punk'd |
| | | 298 | 653 | 332 | TLA | Jamie Foxx | Wayans Bros. | My Wife-Kids | According-Jim | Friends | KTLA News | Two/Half Men | Two/Half Men | Smallville |
| | news | 502 | 390 | 26 | NW | CBC News | Newman | The Hour | | CBC News: The National | | The Nature of Things | | National |
| | | 500 | 500 | 33 | CNN | Lou Dobbs Tonight | | Campbell Brown: No Bias | | Larry King Live | | Anderson Cooper 360 (HDTV) | | |
| | | 509 | 504 | 79 | CNB | CNBC Reports (HDTV) | | | | Marijuana Inc.: Pot Industry | | On the Money | | Mad Money |
| | sports | 405 | 417 | 22 | net | Darts World Premier League. | | | | Best Damn Sports Show | | Sportsnet Connected | | Hockey Central |
| | | 400 | 400 | 30 | TSN | Tennis Australian Open -- Early Round -- Day 5. From Melbourne, Australia. (Live) | | | | | | | | |
| | | 411 | 457 | 58 | OLN | Bounty Hunter | Bounty Hunter | Survivorman | | Mantracker | | Bounty Hunter | Bounty Hunter | Survivorman |
| | | 417 | 406 | 81 | SC | Trackside | NASCAR Pre. | Pinks -- All Out | | Pinks -- All Out | | Wrecked | Wrecked | Trackside |
| | family | 551 | 542 | 25 | YTV | Scorpion | Prank Patrol | Malcolm-Mid. | Futurama | Adrenaline Proj | Prank Patrol | Falcon Beach | | Mystery Hnt. |
| | | 554 | 544 | 45 | TEL | Totally Spies | Total Drama | 6teen | 6teen | Misadventures | Futurama | The Critic | Robot Chicken | Undergrads |
| | | 556 | 540 | 51 | FAM | Wizards-Place | That's-Raven | Zack & Cody | Natural-Sadie | Han. Montana | Life Derek | Ned's School | Cory in House | Zack & Cody |
| | cable variety | 602 | 567 | 27 | W | Will & Grace | Friends | Divine Design | House | Confidential | Save Us-House | Divine Design | House | Maxed Out |
| | | 570 | 580 | 29 | MM | Pimp My Ride | Pimp My Ride | America's Best Dance Crew | | | Video on Trial | | Pimp My Ride | Video on Trial |
| | | 615 | 520 | 31 | A&E | The First 48 | | The First 48 (HDTV) | | The First 48 (HDTV) (N) | | The Beast (HDTV) (N) | | The Beast |
| | | 700 | 800 | 35 | TLN | Centrovetrine | Sky TG 24 | Cavalli Si Nasce | | | | Raymond | Raymond | George Lopez |
| | | 571 | 581 | 36 | MMM | mmmtop | Back In | Foo Fighters: Live From Hyde Park (N) | | | Revival | Tommy Lee | Where You At | Celeb Wrestle |
| | | 575 | 583 | 38 | CMT | CMT Star: Pets | CMT Star | Home Improve. | Home Improve. | Reba | Reba | Hope & Faith | Hope & Faith | Cheerleaders |
| | | 616 | 521 | 39 | SHO | The Outer Limits | | Love-Death | Love-Death | Trailer Park | Trailer Park | *The Island* ★★ (2005, Action) | | |
| | | 620 | 523 | 40 | BVO | Camera | Snapshot | Bathroom Divas-Opera Star | | *Century Hotel* ★★ (2001, Drama) Lindy Booth. | | | | Law & Order |
| | | 601 | 562 | 41 | SLC | Til Debt-Part | Rich Poor | Bulging Brides | Bulging Brides | Last 10 | Last 10 | The Biggest Loser | | ET Canada |
| | | 522 | 506 | 43 | HIS | NCIS "Driven" (HDTV) | | Lost Worlds | | Deep Wreck Mysteries | | NCIS "Driven" (HDTV) | | Ancestors |
| | | 625 | 548 | 44 | COM | Air Farce | Just for Laughs | | Corner Gas | The Simpsons | South Park | VIP | Gong Show | Daily Show |
| | | 600 | 564 | 46 | H&G | House Hunters | Property Virgin | Holmes on Homes | | The Fix | Disaster DIY | Home to Flip | Real Renos | Holmes-Homes |
| | | 294 | 529 | 47 | TBS | House-Payne | House-Payne | Friends | Friends | Friends | Friends | *The Pallbearer* ★★ (1996, Comedy) | | |
| | | 576 | 582 | 49 | BET | 106 & Park: BET's Top 10 Live | | *Waist Deep* ★ (2006, Action) Tyrese Gibson, Larenz Tate. | | | | American Gangster (N) | | Judge Hatchett |
| | | 627 | 528 | 50 | SPC | *The Adventures of Pluto Nash* ★ (2002, Comedy) | | | | Rabbit Fall | Rabbit Fall | Ghost Hunters International | | Stargate SG-1 |
| | | 581 | 566 | 52 | MTV | Mom & Dad | After | MTV News | Cribs | The Real World | | True Life | | MTV Live |
| | | 618 | 524 | 54 | TROP | Make or Break | Naked Fashion | Family Guy | Seinfeld | Seinfeld | Raymond | Family Guy | Married... With | Seinfeld |
| | | 603 | 561 | 56 | FOOD | Chef at Home | Chef at Home | Restaurant Makeover | | Unwrapped | Secret Life of | Family | Glutton-Punish. | Ace of Cakes |
| | | 261 | 394 | 60 | V | Murder, She Wrote | | Wait for God | 'Allo, 'Allo! | *Oh God! You Devil* ★★ (1984, Comedy) George Burns. | | | | Poltergeist |
| | | 621 | 527 | 63 | STR | The Ellen DeGeneres Show (N) | | TMZ (N) | etalk | Losing It in Hollywood | | The Tonight Show-Jay Leno | | TMZ |
| | | 553 | 546 | 65 | TRE | Ni Hao, Kai-lan | Nght Grdn | Toot & Puddle | Franklin | Little Bear | Maggie-Beast | Comfy Couch | Rolie Polie Olie | Max & Ruby |
| | | 115 | 711 | 101 | TVA | Le Petit Monde | | Ce nétait quun rêve | | Morency Live (N) | | TVA 22 heures | (10:45) Denis Lévesque | |
| | | 126 | 730 | 102 | RDI | 24 Heures en 60 minutes | | Grands reportages (SC) | | Le Téléjournal (SC) | | RDI en direct | Le National | Le Téléjournal |
| | | 526 | 507 | 249 | VIVA | Judging Amy | | Most Haunted | | Most Haunted | | Passion | Homicide File | Psychic Inv. |
| | | 300 | 601 | 301 | M1 | (6:55) *The Riddle* (2007, Suspense) Vinnie Jones. | | | | *How to Rob a Bank* ★ (2007) Nick Stahl. | | *The Lookout* (2007) | | |
| | | 305 | 612 | 306 | PIX | (7:10) *Ulzana's Raid* ★★★ (1972, Western) | | | | *Rules of Engagement* ★★ (2000, Drama), Guy Pearce | | | | *True Crime* |

## critics' corner

**The Nature of Things**

What's the best way to learn sustainable living skills? Watch people who have them. That's what David Suzuki and his youngest daughter, Sarika, do in "The Suzuki Diaries." They travel through Europe learning firsthand how to build sustainability into daily life, from food and crafts to travel and energy production. 8 PM on CBC

**The Riddle**

The great Derek Jacobi and Vanessa Redgrave deliver memorable supporting performances in this 2007 thriller about a sportswriter (Vinnie Jones, "Lock, Stock and Two Smoking Barrels") who wants to become a crime reporter. He gets his chance when a beloved pub owner is murdered, and he finds an unpublished Charles Dickens tale that provides some clues. Jacobi plays the dual roles of a local vagrant and, in flashbacks, Dickens. 8 AM on M1

# Western tops Asian Awards nominations

**FILM** A South Korean western, John Woo's recent historical epic and a Japanese animation master's latest movie will be the main contenders at the third Asian Film Awards.

The Good, the Bad, the Weird, about a bounty hunter, a bandit and a train robber who vie for a treasure map in 1930s Japanese-occupied Manchuria, is the frontrunner, according to the list of nominees released yesterday.

The Korean action movie bagged eight nominations in 13 categories, including best film and best director for Kim Jee-woon.

Also competing for best picture are: Chen Kaige's profile of the late Chinese opera performer Mei Lanfang, Forever Enthralled; famed Japanese animator Hayao Miyazaki's Ponyo on the Cliff;' Woo's Chinese historical epic Red Cliff; the Japan-Netherlands-Hong Kong drama Tokyo Sonata; and Indonesia's The Rainbow Troops.

THE ASSOCIATED PRESS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

**Someone call him a cab**

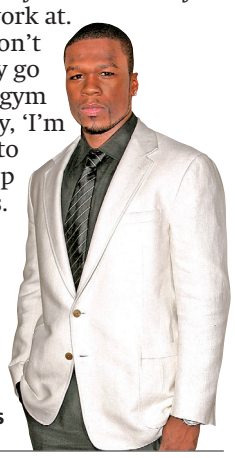
Shia LaBeouf has had his driver's license suspended for a year, femalefirst.co.uk reports. The Eagle Eye star has been banned from driving after failing to take a breathalyzer test following his car crash in Hollywood, Los Angeles, last July. METRO NEWS SERVICES

# Celebrity Buzz

## Fiddy has a 'girly' workout routine

**IMAGE** 50 Cent says he works out like a woman, femalefirst.co.uk reports. The muscular rapper says his toned physique is the result of "girly" weight-free routines rather than pumping iron.

He said: "It's intense, and there are no weights involved. And some of it's like girly stuff, like just kicking your leg, but it's muscles you don't really ever work at. Men don't usually go to the gym and say, 'I'm going to develop my ass. This'll be the J.Lo workout.'" METRO NEWS SERVICES



## Renee's dating a TV correspondent

**DATING** Renee Zellweger is dating a journalist, female first.co.uk reports. The actress was spotted enjoying an intimate meal with MSNBC legal correspondent Dan Abrams at the American Hotel in Sag Harbor, New York, on Saturday. The couple canoodled throughout the evening, appearing completely at ease in each other's company. Zellweger is not the first actress with whom Abrams, 42, has been romantically linked. METRO NEWS SERVICES

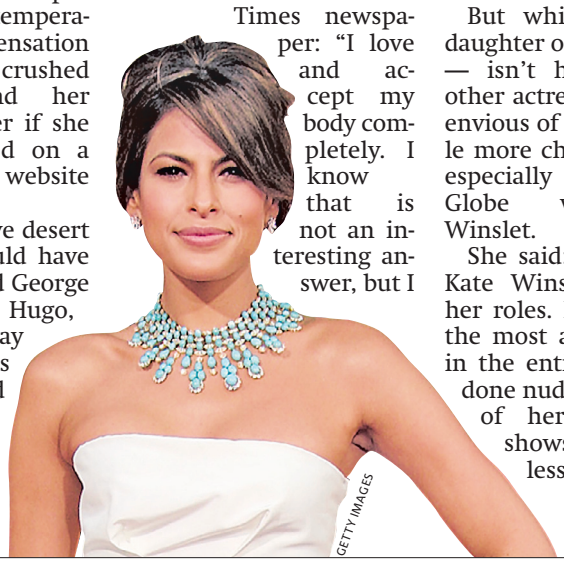
# Eva's gotta have spice

**FAVES** Eva Mendes can't live without spice, according to femalefirst.co.uk. The Spirit actress enjoys a temperature-raising taste sensation and would take crushed red pepper and her boyfriend with her if she was ever stranded on a desert island, the website adds.

She said: "My five desert island staples would have to be my boyfriend George Augusto, our dog Hugo, an iPod, the Sunday New York Times newspaper and crushed red pepper."

The 43-year-old actress has also revealed she wouldn't change a thing about her physical appearance.

She told Britain's The Times newspaper: "I love and accept my body completely. I know that is not an interesting answer, but I really wouldn't change anything. I've worked too hard on accepting it all."




But while Eva — the daughter of Cuban parents — isn't hankering after other actress' looks, she is envious of those who tackle more challenging roles, especially double Golden Globe winner Kate Winslet.

She said: "I would steal Kate Winslet's roles. All her roles. Not only is she the most amazing actress in the entire world, she's done nude scenes in a lot of her films which shows she's just fearless." METRO NEWS SERVICES

# Joaquin 'storms' out of soundcheck

**ANGER MANAGEMENT** Joaquin Phoenix reportedly "stormed out" before a Las Vegas concert after losing his cool with a film crew, femalefirst.co.uk reports. The actor-turned-singer is believed to have been furious when Casey Affleck's camera crew — who are documenting Joaquin's transition into music — were late for his sound check at LAVO nightclub last week, the website adds.

A source said: "He was waiting for Casey Affleck and when the film crew arrived late, Joaquin flipped out. Phoenix yelled at the crew, 'Thanks for being late and f—ing everything up.' He then threw a CD on the floor and stormed out."

Phoenix soon regained his composure and returned to the stage to rehearse his set.

The source added to the New York Post: "He came back five minutes later and did the sound check. Nobody can tell if he is for real or if this is all a big joke."

During his set, a dishevelled Joaquin danced unsteadily and fell into the crowd as he exited the stage, adds the website. METRO NEWS SERVICES

## Marc Anthony brings J. Lo onstage for a duet

**COUPLEDOM** That Marc Anthony sure knows how to end his set, people.com reports. The crooner completed his recent inaugural performance by bringing "my wife," Jennifer Lopez, on to the stage with him, for a duet.

This thrilled the crowd at the Inauguration's Western Ball, where the guests also included Angela Bassett and Harold & Kumar and House star Kal Penn, reports The Washington Post. The 10:25 p.m. appearance of Lopez also further put to rest rumours of a marital rift between the couple.

Earlier in the evening, Anthony had said, "I wrote this next song about Jennifer. I must have been psychic." The song was his decade-old You Sang to Me. "She didn't get the point, but eventually it worked," said Anthony, the Associated Press reports. The couple ended their duet with a kiss. "Man, she's cute," Anthony said after Lopez exited the stage. METRO NEWS SERVICES

# Joint bank account for Sam and Lindsay?

**ROMANCE** Lindsay Lohan and Samantha Ronson have taken their relationship to the next level — by reportedly setting up a joint bank account, reports eonline.com

The Mean Girls star has been dating the DJ since last year but the couple has been plagued by rumours they are on the brink of a split for several months. But now Lohan has shown her commitment to the relationship by allegedly ploughing some of her wages into an account for the pair.

A source tells Britain's Daily Express, "Lindsay was reportedly earning $168,000 US per episode for her stint on Ugly Betty last year and she's stashed that into a joint bank account to show Sam how much she loves her." METRO NEWS SERVICES

# Jonas Bros. are in the house

**PARTY CRASHERS** President Barack Obama and his wife Michelle weren't the only ones who got entertained by A-listers on inauguration night. Their daughters Malia, 10, and Sasha, seven, received a surprise visit from the Jonas Brothers, says usmagazine.com. ABC News reports that the Obama girls kicked off inauguration night by watching movies with some of their pals from their new school Sidwell Friends.

They then had a scavenger hunt around their new home to learn its history. At the end of their hunt, Malia and Sasha opened a door to find Kevin, Joe, and Nick Jonas (who played Monday at the Kids' Inaugural Concert). METRO NEWS SERVICES

## Amy rescues fellow guest off the rocks

**GOOD DEED** Singer Amy Winehouse helped rescue a fellow guest at the St. Lucia resort where she's been staying. Louise Williams said Winehouse saved her after she was thrown from a boat onto rocks during a sailing lesson.

"Amy was on the beach 20 metres away and she ran across immediately and said, 'Let's have a look at you,'" Williams told Britain's the Sun. "She picked me up and took me across to the showers and was constantly asking, 'Are you all right?'" Winehouse later said: "I thought she was going to die." METRO NEWS SERVICES

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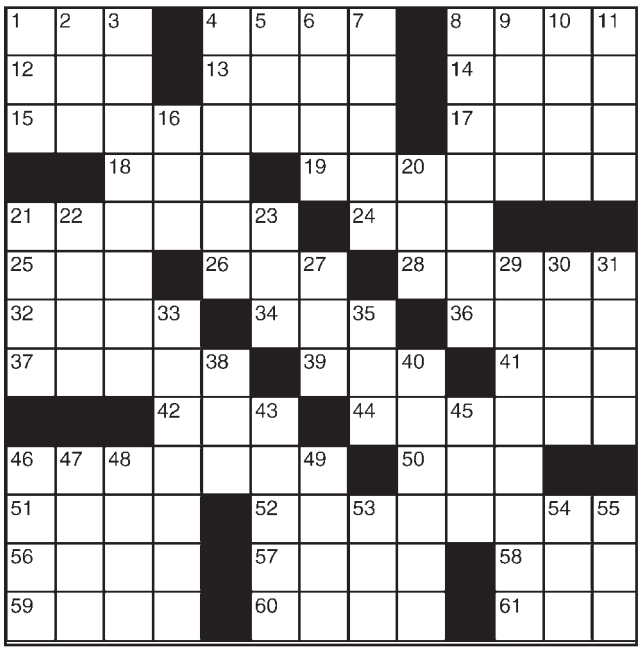
TWN incorporates MSC data

Today Variable -2° / -6°
Friday Flurries 40% 1° / -15°
Saturday Mainly sunny -10° / -18°

WeatherEye... Free App Available on iPhone.

# Take Five

For more delicious Metro recipes, visit: **metronews.ca/food**



## Crossword across

1 Ming of the NBA
4 Census statistics
8 Envelope part
12 Ostrich's cousin
13 Pleasing
14 Queue
15 Don't move
17 Prayer ending
18 Piratic potation
19 Wilder drama
21— council ("Survivor" event)
24 Snapshot
25 Computer woe
26 Torched
28 Extemporizes
32 Wan
34 Luau side dish
36 Urban disturbance
37 Fix a knot
39 Antiquated
41 "CSI" evidence
42 Water barrier
44 Carell's "The 40 Year Old Virgin" co-star
46 Summertime cooler
50 Clay alias
51 Wise guys?
52 Ill-defined time
56 Andy's pal
57 Exceptional
58 — polloi
59 Netting
60 — and terminer
61 Cowpoke's nickname

## Crossword down

1 "Absolutely"
2 Parisian pal
3 Unreservedly
4 Critter
5 Showbiz job
6 Reverberate
7 Arrangement
8 Freight train component
9 Wheels of fortune?
10 From square one
11 Teller's cohort
16 Bathroom fixture
20 "6 Rms — Vu"
21 Ski-lift transport
22 Stratagem
23 Back talk
27 As well
29 Cinderella's curfew
30 Corn recipe
31 Constellation part
33 Leo Rosten's tongue
35 Sort
38 Cause corrosion
40 Casino employee
43 Subway
45 Inventor Whitney
46 Mosque VIP
47 Arrived
48 Ids' counterparts
49 Vacationing
53 Rage
54 Break ground?
55 Ducats

## Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 3 | | | | 6 | 2 | |
| 8 | 9 | | | | | | 7 | |
| | | | 7 | | 9 | 4 | | |
| | | 1 | | | 4 | 8 | | 6 |
| | | | 6 | | 5 | | | |
| 9 | | 7 | 3 | | | 5 | | |
| | | 6 | 2 | | 3 | | | |
| | 3 | | | | | | 8 | 1 |
| | 2 | 5 | | | | 3 | | |

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

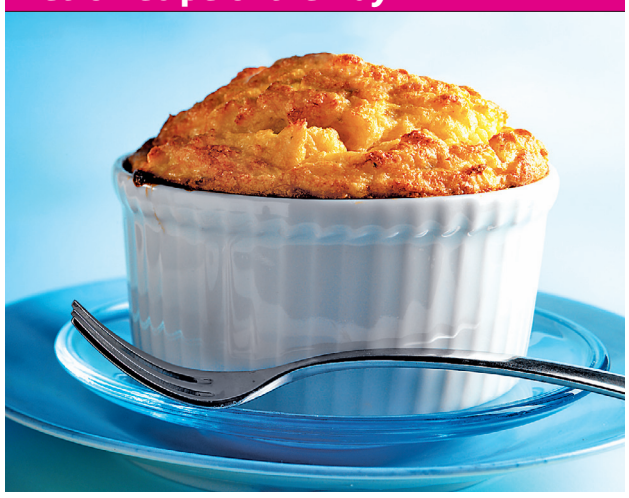
| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| M | O | B | ■ | P | E | A | S | ■ | D | A | D | A |
| A | P | E | ■ | E | T | N | A | ■ | A | V | E | R |
| G | U | T | ■ | R | A | I | N | C | H | E | C | K |
| I | S | A | A | C | ■ | ■ | G | A | L | ■ | ■ | ■ |
| ■ | ■ | ■ | L | E | M | A | ■ | W | I | T | C | H |
| F | O | R | T | P | E | C | K | ■ | A | U | R | A |
| I | D | O | ■ | T | R | E | N | T | ■ | B | O | W |
| L | I | S | T | ■ | C | R | E | W | N | E | C | K |
| S | N | A | I | L | ■ | B | E | I | N | ■ | ■ | ■ |
| ■ | ■ | ■ | P | O | P | ■ | ■ | N | E | E | D | Y |
| S | H | I | P | W | R | E | C | K | ■ | W | E | E |
| A | O | N | E | ■ | O | R | A | L | ■ | E | L | L |
| M | E | N | D | ■ | W | A | N | E | ■ | R | I | P |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 7 | 2 | 1 | 5 | 6 | 4 | 9 | 3 |
| 6 | 9 | 3 | 4 | 7 | 2 | 1 | 8 | 5 |
| 4 | 5 | 1 | 8 | 3 | 9 | 7 | 6 | 2 |
| 5 | 2 | 8 | 6 | 4 | 1 | 3 | 7 | 9 |
| 7 | 1 | 4 | 9 | 2 | 3 | 8 | 5 | 6 |
| 3 | 6 | 9 | 5 | 8 | 7 | 2 | 1 | 4 |
| 2 | 8 | 7 | 3 | 9 | 5 | 6 | 4 | 1 |
| 9 | 4 | 6 | 2 | 1 | 8 | 5 | 3 | 7 |
| 1 | 3 | 5 | 7 | 6 | 4 | 9 | 2 | 8 |

**SUDOKU SOLVE TIME:**

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

## Metro Recipe of the Day



### Fish Soufflés

**INGREDIENTS:**

5 oz (150 g) waxy potatoes, scrubbed
salt and freshly ground black pepper
2/3 lb (300 g) skinless ling or hake fillets
3 tbsp (45 mL) butter, softened
2 French shallots, finely chopped
1/4 cup (50 mL) cream
3 eggs, separated
1 tsp (5 mL) wholegrain mustard

**METHOD:**

1. Put potatoes and pinch of salt in saucepan with plenty of cold water. Cover, bring to boil, and cook for 25 minutes until tender.
2. Meanwhile, put fish and pinch of salt in large frying pan with enough cold water to cover. Bring to boil, then reduce heat immediately. Cover and simmer 3 minutes. Leave fish to cool in liquid, then drain and coarsely crush flesh with fork; removing bones.
3. Heat 2 tsp (10 mL) butter in small saucepan, add shallots and cook gently over low heat 5 minutes. Add cream and remove from heat.
4. Preheat oven to 400°F (200°C). Use 2 tsp (10 mL) butter to grease four 1 1/4 cup (300 mL) ramekins. Drain and peel potatoes and crush with fork. Add remaining butter, shallot-cream mixture and some pepper. Beat in egg yolks and mustard. Fold in fish.
5. Add pinch of salt to egg whites, whisk until stiff then fold into potato-fish mixture. Pour into soufflé dishes and smooth surface with a spatula. Bake 15 minutes until puffed and golden. Serve immediately.

**SERVES 4**

**rd.ca**

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

## Horoscopes

AVATAR VENUS

**ARIES**
**MARCH 21-APRIL 20**
You won't move fast enough to pull off a quick exit. A youthful woman will give you what you need. A friendship is undergoing drastic changes.

**TAURUS**
**APRIL 21-MAY 21**
Compassion convinces someone to help you out. A miser is tempted to sway the opposition. You can calm someone down.

**GEMINI**
**MAY 22-JUNE 21**
Your prospects will improve when you become fearless. An egomaniac will be in the right place. You don't have to settle for second best.

**CANCER**
**JUNE 22-JULY 22**
You'll find a safe place to hide your money. Someone's pity party will push you too far. Heed a loser's opinions for inspiration.

**LEO**
**JULY 23-AUG 23**
Painless adjustments are going to be made. Watch out for those who don't seem normal. This is the time to use self-control.

**VIRGO**
**AUG 24-SEPT 22**
A dreamlike situation will force you to wake up. Only women will understand a tough lesson. Be brave when facing disillusion.

**LIBRA**
**SEPT 23-OCT 23**
A happy person's phone call gives comfort. A clash turns someone into a blubbering fool. A vexing person agrees with you on a touchy subject.

**SCORPIO**
**OCT 24-NOV 22**
A beneficial trip will have happy consequences. A man arrives bearing glad tidings. An appealing object has uncertain value.

**SAGITTARIUS**
**NOV 23-DEC 21**
Being tactful will help in a tense situation. Get ready to jump for joy after a leap of faith. A man's laughter creates intimacy after dark.

**CAPRICORN**
**DEC 22-JAN 20**
You'll brighten someone's day. Lack of business causes an offer to be withdrawn. You can find a better situation soon.

**AQUARIUS**
**JAN 21-FEB 18**
Standing by your promises reassures others. Too much passion will be good enough. You'll need to be very diplomatic.

**PISCES**
**FEB 19-MARCH 20**
An arrogant person is incapable of going it alone. You'll get out of a predicament. A friend will ask for help at a crucial moment.

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1. Guided Foxx of "Sanford and Son" (1)
2. Possesses fossils (1)
3. Yucky medicinal amount (1)
4. Co-op admissions panel laughed hard (1
5. Compares and rates muddy deposits (2)
6. Naval address for Muppets' creator Jim (2)
7. Siesta taker's paging devices (2)

ANSWERS
1. LED READ 2. OWNS BONES 3. GROSS DOSE 4. BOARD ROARED 5. JUDGES SLUDGES 6. ENSIGN HENSON 7. SLEEPERS BEEPERS

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